



Pre-Health Occupations A.S. Degree - Allied Health

This degree prepares students interested in a variety of Allied Health occupations. The degree will prepare students with a rigorous course of study prior to selecting the program of their chosen career. Students will complete coursework with an emphasis on basic science, healthcare delivery and culturally competent patient care.

Total Units: 57.5-64

First Year

Semester 1

14-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
AH 108 ^Z Introduction to Health Occupations	2		F	
AH 311 ¹ ^Z Medical Language for Health-Care Providers	3		F(O), S(O), Su(O)	
ENGWR 341 ^Z Introduction to Technical and Professional Writing	3	ENGWR 101	F	CRC Area II(a)
CRC Area II(b)-Math Competency ^Z	3-5	Recommend meeting with a counselor	F, S, Su	CRC Area II(b)
CRC Area V(a)-American Institutions ^Z	3		F, S, Su	CRC Area V(a)

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

¹ Formerly AH 110

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Semester 2

16-17 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 100 ¹ ^Z Introduction to Concepts of Human Anatomy and Physiology or	3		F(O), S, Su	CRC Area IV
BIOL 102 ¹ ^Z Essentials of Human Anatomy and Physiology	4		F, S	CRC Area IV

Career

Options/Outlook:

Students completing this degree will be prepared to enter programs for careers in Diagnostic Medical Sonography, Medical Assisting, Health Information Technology, Nursing and others. Students may choose to complete this degree in preparation for transfer to a health sciences baccalaureate degree program. Completion of this degree does not guarantee enrollment/admission in any health occupation program.

Career opportunities may require more than an associate degree.

Selecting the Right BIOL Course:

Which BIOL Anatomy & Physiology course to take will depend on the career that the student wants to pursue. Students should consult with a counselor to determine the right Anatomy & Physiology course to take.

Transfer notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

General Education (GE):

Non-specified GE courses identified by CRC Area, CSU Area or IGETC Area without pre- or co-requisite can be taken at any semester.

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
COMM 301 ^Z Introduction to Public Speaking or	3	Advisory: Eligible for ENGWR 300	F, S, Su	CRC Area II(b)
COMM 321 ^Z Interpersonal Communication or	3	Advisory: Eligible for ENGWR 300	F, S, Su	CRC Area III(b)
COMM 331 ^Z Group Discussion	3	Advisory: Eligible for ENGWR 300	F, S, Su	CRC Area II(b)
FCS 324 ^Z Human Development: A Life Span or	3		F(O), S(O), Su	CRC Area III(b)
PSYC 371 ^Z Life Span Developmental Psychology	3		F(O)	CRC Area V(b)
NUTRI 300 ^Z Nutrition	3		F(O), S(O), Su(O)	CRC Area III(b)
CRC Area III(a)- Physical Edu Activity ^Z	1		F, S, Su	CRC Area III(a)
Elective ²	3		F, S, Su	

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¹ Or BIOL 430 A&P (5 u) **and** BIOL 431 A&P (5 u)—RECOMMEND taking BIOL 430 & 431 in Semester 3 and 4, respectively.

² Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

About this map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan that is customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Year 2

Semester 3

12.5-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
AH 120 ^Z Human Disease	3	Co or Pre-req: AH 110 and BIOL 100 or 102	F(O), S(O)	
PHYS 310 ^Z Conceptual Physics	3	MATH 100 or 102	F, S	CRC Area IV
CRC Area I- Humanities ^Z	3		F, S, Su	CRC Area I
AH 498 ¹ ^Z Work Experience in Allied Health	0.5-4		F, S, Su	CRC Area III(b)
Elective ²	3		F, S, Su	

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¹ Student must be in a paid or unpaid internship, volunteer position or job.

² Suggestion-PSYC 300 Gen Principles, F(O), S(O), Su(O), CRC Area V(b). Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Semester 4

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
CRC Area V(b)- Social & Behavioral Sciences ^{1 Z}	3		F, S, Su	CRC Area V(b)
COMM 325 ^Z Intercultural Communication or ANTH 313 ^Z Introduction to Cultural Anthropology: Medical Focus	3	Advisory: ENGWR 101	F, S, Su	CRC Area V(b) or VI
Elective ²	3	Eligible for ENGWR 300	S(O), Su	CRC Area V(b) or VI
Elective ²	3		F, S, Su	
Elective ²	3		F, S, Su	

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[^]You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

*(O) = online available (P) = partially online

¹ If PYSC 371 not taken.

² Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.