



# Nutrition and Dietetics AS-T Degree - Intersegmental General Education Transfer Curriculum, Univ. of Cal or Cal State Univ.

CRC provides students with a major that fulfills the general requirements of the CSU/UC for transfer to a baccalaureate degree program in nutrition & dietetics. The AS-T in Nutrition & Dietetics comprises lower-division coursework typically required by CSU institutions.

**Total Units: 59-61**

## First Year

### Semester 1

14-15 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 300</b> <sup>Z</sup> Nutrition	3		F(O), S(O), Su(O)	
<b>CHEM 400</b> <sup>Z</sup> General Chemistry I	5	CHEM 300 or 1 year of HS Chem + Lab	F, S, Su	IGETC Area 5A & 5C
<b>STAT 300</b> <sup>Z</sup> Introduction to Probability and Statistics <b>or</b>	4	MATH 120, 125 or STAT 100	F, S, Su	IGETC Area 2
<b>ECON 310</b> <sup>Z</sup> Statistics for Business and Economics <b>or</b>	3	MATH 120 or 125	F, S	IGETC Area 2
<b>PSYC 330</b> Introductory Statistics for the Behavioral Sciences	3	MATH 120 or 125	F, S	IGETC Area 2
<b>IGETC Area 1A- English Composition</b> <sup>Z</sup>	3	Recommend meeting with a counselor	F, S, Su	IGETC Area 1A

<sup>Z</sup> At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

### Semester 2

14 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>IGETC Area 1C- Oral Communication</b> <sup>Z</sup>	3		F, S, Su	IGETC Area 1C

## Career

### Options/Outlook:

Plan and conduct food service or nutritional programs to assist in the promotion of health and control of the disease. May supervise department activities by providing quantity food services, counseling individuals, or conducting nutritional research. Monitor food service operations to ensure conformance to nutritional, safety, sanitation, and quality standards. Assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary care plans and provide nutritional counseling. Consult with physicians and health care personnel to determine patients' or clients' nutritional needs and diet restrictions. **Career opportunities require more than two years of college study.**

### A sample of reported job titles:

Clinical Dietician, Clinical Dietitian, Correctional Food Service Supervisor, Dietary Manager, Dietitian, Nutritionist, Outpatient Dietitian, Pediatric Clinical Dietician, Registered Dietician, Registered Dietitian

### Projected job openings in California (2020-2030):

730

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>IGETC Area 1B-Critical Thinking</b> <sup>Z</sup>	3		F, S, Su	IGETC Area 1B
<b>CHEM 401</b> <sup>Z</sup> General Chemistry II	5	CHEM 400	F, S	IGETC Area 5A & 5C
<b>PSYC 300</b> <sup>Z</sup> General Principles	3	Advisory: ENGRD 310, ENGRD 312, ENGWR 300, or equivalent	F, S, Su	IGETC Area 4

<sup>Z</sup> At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

## Year 2

### Semester 3

15 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>CHEM 420</b> <sup>1</sup> <sup>Z</sup> Organic Chemistry I	5	CHEM 401	F, S	IGETC Area 5A & 5C

<b>BIOL 440</b> <sup>Z</sup> General Microbiology	4	CHEM 305, 309, or 400	F, S	IGETC Area 5B & 5C
<b>IGETC Area 3A-Arts</b> <sup>Z</sup> or <b>IGETC Area 3B-Humanities</b> <sup>Z</sup>	3		F, S, Su	IGETC Area 3A
<b>IGETC Area 4-Social &amp; Behavioral Sciences</b> <sup>2</sup> <sup>Z</sup>	3		F, S, Su	IGETC Area 3B
	3		F, S, Su	IGETC Area 4

<sup>Z</sup> At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

<sup>1</sup> BIOL 430 and BIOL 431 can be taken as an alternate to CHEM 420 but both must be completed in 2 semesters. See transfer university for required courses, some may require Anatomy & Physiology.

<sup>2</sup> A total of 6 units from 2 disciplines is required to meet IGETC Area 4.

## Projected growth in California (2020-2030):

16% growth

## Median Salary in California with advanced degree (2021):

\$79,340/yr

## Source:

<https://www.onetonline.org/link/summary/29-1031.00>

## Transfer notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

## General Education (GE):

Non-specified GE courses identified by CRC Area, CSU Area or IGETC Area without pre- or co-requisite can be taken at any semester.

## Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

## About this program map:

# Semester 4

16-17 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
IGETC Area 7-Ethnic Studies <sup>Z</sup>	3		F, S, Su	IGETC Area 7
IGETC Area 3B-Humanities <sup>Z</sup>	3		F, S, Su	IGETC Area 3B
IGETC Area 3A <sup>Z</sup>	3		F, S, Su	IGETC Area 3A
Any Transferable Elective <sup>1</sup>	3		F, S, Su	
Any Transferable Elective <sup>1</sup>	3		F, S, Su	
Any Transferable Elective <sup>1</sup>	1-2		F, S, Su	

<sup>Z</sup> At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

<sup>^</sup>You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

\*<sup>(O)</sup> = online available <sup>(P)</sup> = partially online

<sup>1</sup> or BIOL 431 Anatomy & Physiology (5 units); Pre-req BIOL 430; F, S; BIOL 430 & 431 may or may not be needed based on your intended transfer. Make sure you check your intended transfer university for requirements. Units required are determined by the number of units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course

availability or financial aid applicability.

## Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Catalog Year: 2023-2024  
Published May 18, 2023

Counselor Contact: Teresa Aldredge or Alex Kagan | Faculty Contact: Serena Fuller