



# Nutrition and Foods, Community Nutrition Certificate

This certificate advances students' understanding of the interaction between nutrition and health. The focus is on community wellness through dietary choices, as they relate to the nutritional needs of individuals throughout the lifecycle, cultural influences, community programs targeted at addressing nutrition-related issues and basic food preparation techniques. After completing the classes for this certificate, students may apply credits toward CRC's Nutrition & Foods associate's degree program. Students earning this certificate are not qualified to practice medical nutrition therapy.

Total Units: 17

## First Year

### Semester 1

8 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*
<b>NUTRI 300</b> <sup>Z</sup> Nutrition	3		F(O), S(O), Su(O)
<b>NUTRI 370</b> <sup>Z</sup> Food Service Management	3		F(O only)
<b>CAM 306</b> <sup>Z</sup> Culinary Sanitation & Safety	2		F, S

<sup>Z</sup> At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

### Semester 2

9 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*
<b>NUTRI 310</b> <sup>Z</sup> Cultural Foods of the World	3	Advisory: LIBR 318	F(O), S(O) online only
<b>NUTRI 322</b> <sup>Z</sup> Nutrition Issues Throughout Life	3	NUTRI 300; Advisory: LIBR 318	F(O), S(O) online only
<b>NUTRI 350</b> <sup>Z</sup> Community Nutrition	3	NUTRI 300; Advisory: NUTRI 340	S(O) online only

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<sup>^</sup>You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

\*(O) = online available (P) = partially online

## Career

### Options/Outlook:

Plan and conduct food service or nutritional programs to assist in the promotion of health and control of the disease. Monitor food service operations to ensure conformance to nutritional, safety, sanitation, and quality standards. With a minimum of a BS degree, can assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary care plans and provide nutritional counseling. Consult with physicians and health care personnel to determine patients' or clients' nutritional needs and diet restrictions. **Career opportunities require more than two years of college study.**

### A sample of reported job titles with a BS degree:

Clinical Dietician, Clinical Dietitian, Correctional Food Service Supervisor, Dietary Manager, Dietitian, Nutritionist, Outpatient Dietitian, Pediatric Clinical Dietician, Registered Dietician, Registered Dietitian

### Projected job openings in California (2020-2030):

730

## **Projected growth in California (2020-2030):**

16% growth

## **Median Salary in California with advanced degree (2021):**

\$79,340/yr

## **Source:**

<https://www.onetonline.org/link/summary/29-1031.00>

## **About this program map:**

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

## **Zero Textbook Costs (ZTC):**

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.