



Human Services, General A.A. Degree

This degree is designed for persons seeking careers as youth group home workers, family welfare and health agency workers, county or state eligibility workers, and other para-professional positions. Graduates will have a broad range of human services skills, including group counseling, client interviewing, communication, problem-solving, and employment.

Total Units: 56.5-61

First Year

Semester 1

15-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
HSER 300 ^Z Introduction to Human Services	3	Eligible for ENGWR 300	F(O), S(O), Su(O)	
HSER 302 Introduction to Psychology of Human Relations	3		F(O), S(O)	CRC Area III(b)
PSYC 300 ^Z General Principles	3	Advisory: ENGRD 310, ENGRD 312, ENGWR 300, or equivalent	F, S, Su	CRC Area V(b)
CRC Area II(a)-Writing Competency ^Z	3	Recommend meeting with a counselor	F, S, Su	CRC Area II(a)
CRC Area II(b)-Math Competency ^Z	3-4	Recommend meeting with a counselor	F, S, Su	CRC Area II(b)

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
SOC 300 ^Z Introductory Sociology or	3		F(O), S(O), Su(O)	CRC Area V(b)
SOC 321 ^Z Race, Ethnicity and Inequality in the United States or	3		F, S, Su	CRC Area V(b)

Career Options/Outlook:

Social and Human

Service Assistants assist in providing client services in a wide variety of fields, such as psychology, rehabilitation, or social work, including support for families. May assist clients in identifying and obtaining available benefits and social and community services. May assist social workers with developing, organizing, and conducting programs to prevent and resolve problems relevant to substance abuse, human relationships, rehabilitation, or dependent care. **Career opportunities require more than an associate degree.**

A sample of reported job titles:

Advocate, Caseworker, Community Coordinator, Family Support Worker, Home-based Assistant, Human Services Program Specialist, Mental Health Technician, Outreach Specialist, Social Services Assistant, Social Work Associate

Projected job openings in California (2020-2030):

7,260

Projected growth in California (2020-2030):

14% growth

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
PSYC 320 ^Z Social Psychology	3		F, S	CRC Area V(b)
CRC Area IV-Natural Sciences ^Z	3		F, S, Su	CRC Area IV
CRC Area V(a)-American Institutions ^Z	3		F, S, Su	CRC Area V(a)
Elective ¹	3		F, S, Su	
Elective ¹	3		F, S, Su	

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¹ Units required are determined by the number of units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Year 2

Semester 3

13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
HSER 350 ^Z Employment Skills in Human Services	3	Advisory: HSER 300 & 302	F	
SOC 300 ¹ ^Z Introductory Sociology or SOC 321 ¹ ^Z Race, Ethnicity and Inequality in the United States or PSYC 320 ¹ ^Z Social Psychology	3		F(O), S(O), Su(O)	CRC Area V(b)
	3		F, S, Su	CRC Area V(b)
	3		F, S	CRC Area V(b)
HSER 360 ^Z Techniques of Interviewing and Counseling	3	HERS 300 & 302; Advisory: HSER 350, 300 & concurrent enrollment in HSER 362	F	
CRC Area VI-Ethnic/Multicultural Studies ^Z	3		F, S, Su	CRC Area VI
CRC Area III(a)-Physical Edu Activity ^Z	1		F, S, Su	CRC Area III(a)

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Median Salary in California (2021):

\$46,370/yr

Source:

<https://www.onetonline.org/link/summary/21-1093.00>

Transfer notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

General Education (GE):

Non-specified GE courses identified by CRC Area, CSU Area or IGETC Area without pre- or co-requisite can be taken at any semester.

This map also meets the requirement for:

the Certificate of Achievement in General Human Services.

Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

About this program map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

¹ Enroll in a course not taken in Semester 2.

Semester 4

13.5-17 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
HSER 362¹ Z Practices in Human Services	3	Co-req: HSER 360 & 498	S	
HSER 364 Z Techniques of Group Counseling	4	HSER 350 & 360	S	
HSER 498 Z Work Experience in Human Services	0.5-4		F(O,P), S(O), Su(O)	CRC Area III(b)
CRC Area I- Humanities Z	3		F, S, Su	CRC Area I
Elective²	3		F, S, Su	

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^You must have passed the prerequisite course(s) with a “C” or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

*(O) = online available (P) = partially online

¹ Orientation is required prior to enrollment for this course, please contact the Human Services Department, Assistant Professor B. Jones-Thomas by email @ B-Jones@crc.losrios.edu or call (916 691-7587) for information about orientation days/times.

² Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.