



Physical Education A.A. Degree

This program is for students interested in physical education major and the theoretical aspects of sports activity. If you are interested in transferring to a four-year college or university, it is critical that you meet with a CRC Counselor to select and plan the courses for your major. Schools vary widely in terms of the required preparation.

Total Units: 60

First Year

Semester 1

16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
KINES 300 Introduction to Kinesiology	3		F(O), S(O), Su(O)	CRC Area III(b)
STAT 300 ^Z Introduction to Probability and Statistics	4	MATH 120 or 125	F, S, Su	CRC Area II(b)
CRC Area II(a)-Writing Competency ^Z	3	Recommend meeting with a counselor	F, S, Su	CRC Area II(a)
CRC Area I-Humanities ¹ ^Z	3		F, S, Su	CRC Area I
Elective ²	3		F, S, Su	

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

¹ Suggestion-DANCE 386 Dance History (3 units), F, S.

² Suggestion-HEED 300 Health Science (3 units); F(O), S(O), Su(O). This course also meets Program Elective requirements. Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Semester 2

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
CHEM 305 ^Z Introduction to Chemistry	5	Elementary Algebra or higher	F, S, Su	CRC Area IV
1 unit from PE Courses ¹ ^Z	1		Varies	CRC Area III(a)
CRC Area V(a)-American Institutions ^Z	3		F, S, Su	CRC Area V(a)
CRC Area V(b)-Social & Behavioral Sciences ² ^Z	3		F, S, Su	CRC Area V(b)

Career

Options/Outlook:

Many career paths can begin with physical education, such as Athletic Trainers. Athletic Trainers evaluate and advise individuals to assist recovery from or avoid athletic-related injuries or illnesses or maintain peak physical fitness. May provide first aid or emergency care. **Career opportunities require more than an associate degree.**

A sample of reported job titles:

Assistant Athletic Trainer, Athletic Instructor, Athletic Trainer, Certified Athletic Trainer, Clinical Instructor, Graduate Assistant Athletic Trainer, Head Athletic Trainer, Head Athletic Trainer/Strength Coach, Resident Athletic Trainer, Sports Medicine Coordinator

Projected job openings in California (2020-2030):

160

Projected growth in California (2020-2030):

27% growth

Median Salary in California with

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
Elective³	3		F, S, Su	

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¹ Select 1 unit from: Adapted Aquatics, Adapted Physical Education, Aerobics, Basketball, Body Fitness, Dance, Golf, Lifeguard Training, Mountaineering, Softball, Swimming, Team Sports, Tennis, Volleyball, Water Polo, or Weight-Training.

² Suggestion-KINES 308 Women in Sport (3 units, F, S; KINES 416 Psychology of Sport (3 units), F, S, Su; or KINE 460 Sport in Society (3 units) F, S.

³ Suggestion-BIOL 310 General Biology (4 units); Advisory: Eligibility for ENGWR 300; F, S, Su; CRC Area IV. Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Year 2

Semester 3

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 430 Z Anatomy and Physiology	5	CHEM 305, 309 or 400	F, S, Su	CRC Area IV
CRC Area VI- Ethnic/Multicultural Studies Z	3		F, S, Su	CRC Area VI
Elective¹	3		F, S, Su	
Elective²	3		F, S, Su	

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¹ Suggestion-NUTRI 300 Nutrition (3 units); F(O), S(O), Su(O); CRC Area III(b). Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

² Suggestion-KINES 301 Personal Wellness (3 units); F, S; CRC Area III(b). Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Semester 4

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 431 Z Anatomy and Physiology	5	BIOL 430	F, S	
Elective¹	3		F, S, Su	
Elective²	3		F, S, Su	
Elective²	3		F, S, Su	

advanced degree (2021):

\$60,460/yr

Source:

<https://www.onetonline.org/link/summary/29-9091.00>

Transfer notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

General Education (GE):

Non-specified GE courses identified by CRC Area, CSU Area or IGETC Area without pre- or co-requisite can be taken at any semester.

Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities

About this program map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

Zero Textbook Costs (ZTC):

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
Elective ³	1			

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

[^]You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

*(O) = online available (P) = partially online

¹ Suggestion-PHYS 350 General Physics (3 units); Pre-req: MATH 334; F, S, Su; Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

² Units required are determined by the number of units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

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