



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: local AA/AS

Total Units: 62

First Year

Semester 1

15.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 300	Introduction to Human Services	3	
Req	HSER 310	Ethical Issues and Client's Rights	3	
Req	HSER 340 / PSYC 400	Introduction to Chemical Dependency	3	IIIb
RE	PSYC 300	General Principles	3	Vb
GE	ENGWR 300 / 480 ^H	College Composition	3	Ila WC
Elec	ENGWR 306	Advanced Writing Across the Curriculum (WAC)	0.5	

Semester 2

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 341 / PSYC 401	Physiology and Pharmacology: Alcohol & Other Drugs	3	
Req	HSER 360	Techniques of Interviewing and Counseling	3	
GE	PSYC 310	Biological Psychology	3	IV
Elec	PSYC 311	Biological Psychology Laboratory	1	
GE	PSYC 330	Introductory Statistics for the Behavioral Sciences	3	IIb MC
Req	HEED 310	Heartsaver First Aid, Adult and Pediatric CPR and AED	1	
GE		any PE activity course	1	IIIa

Second Year

Semester 3

15.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 330 / PSYC 365	Issues of Diverse Populations	3	
Req	HSER 342 / PSYC 402	Alcoholism: Intervention, Treatment & Recovery	3	
Req	HSER 365	Techniques of Group Counseling	3	
Req	PSYC 340 / 481 ^H	Abnormal Behavior	3	
Elec	COMM 331 ¹	Group Discussion	3	
Req	HEED 315	First Aid	0.5	

CAREER PATH

Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.

Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are covered by the end of the second semester of HSER 498.

Other Notes:

- The second semester of internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.
- In addition to having valid First Aid and CPR certification during internship placement, students must also provide a TB clearance.
- There is a push in the industry toward requiring bachelor's degrees. Students interested in transferring to pursue a bachelor's degree are encouraged to discuss their options with a counselor.

¹ or COMM 361

Semester 4

14 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 362	Practices in Human Services	3	
Req	HSER 498	Work Experience in Human Services	2	
Elec	ENGWR 302 / 482 ^H	Advanced Composition and Critical Thinking	3	
GE	POLS 301 / 481 ^H	Introduction to Government: United States	3	Va
GE	RLST 301	Introduction to World Religions	3	I, VI

Third Year

Semester 5

2 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 498	Work Experience in Human Services	2	

^H honors courses

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

Graduation Requirement

A course that fulfills a specific graduation requirement which can be replaced by another course that meets the same graduation requirement.

MC = Math Competency

WC = Writing Competency