



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: local AA/AS

Total Units: 60

## First Year

### Semester 1

15.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 300	Introduction to Human Services	3	
Req	HSER 310	Ethical Issues and Client's Rights	3	
Req	HSER 340 / PSYC 400	Introduction to Chemical Dependency	3	IIIb
RE	PSYC 300	General Principles	3	Vb
GE	ENGWR 300 / 480 <sup>H</sup>	College Composition	3	Ila <b>WC</b>
Elec	ENGWR 306	Advanced Writing Across the Curriculum (WAC)	0.5	

### Semester 2

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 360	Techniques of Interviewing and Counseling	3	
GE	PSYC 310	Biological Psychology	3	IV
Elec	PSYC 311	Biological Psychology Laboratory	1	
GE	PSYC 330	Introductory Statistics for the Behavioral Sciences	3	IIb <b>MC</b>
GE	RLST 301	Introduction to World Religions	3	I, VI
Req	HEED 310	Heartsaver First Aid, Adult and Pediatric CPR and AED	1	
GE		any PE activity course	1	IIIa

## Second Year

### Semester 3

15.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 330 / PSYC 365	Issues of Diverse Populations	3	
Req	HSER 365	Techniques of Group Counseling	3	
Req	PSYC 340 / 481 <sup>H</sup>	Abnormal Behavior	3	
Req	SOC 300	Introductory Sociology	3	
Elec	COMM 331 <sup>1</sup>	Group Discussion	3	
Req	HEED 315	First Aid	0.5	

<sup>1</sup> or COMM 361

### Semester 4

14 Units

## CAREER PATH

### Career Options:

- community outreach worker
- case management aid
- social worker assistant
- crisis intake worker
- correctional/probation officer

### Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.

### Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services Agency Placement Process, which includes an out-of-class orientation and application process.
- The internship (HSER 498) involves approximately 24 hours of work experience. The program is designed for students to take 2 units in one semester.
- In addition to having valid First Aid and CPR certification during internship placement, students must also provide a TB clearance.
- There is a push in the industry toward requiring bachelor's degrees. Students interested in transferring to pursue a bachelor's degree are encouraged to discuss their options with a counselor.

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	HSER 362	Practices in Human Services	3	
Req	HSER 498	Work Experience in Human Services	2	
GE	POLS 301 / 481 <sup>H</sup>	Introduction to Government: United States	3	Va
Elec	ENGWR 302 / 482 <sup>H</sup>	Advanced Composition and Critical Thinking	3	
Elec	TAFILM 307	Diversity in American Film	3	

<sup>H</sup> honors courses

#### EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

### Graduation Requirement

A course that fulfills a specific graduation requirement which can be replaced by another course that meets the same graduation requirement.

**MC** = Math Competency

**WC** = Writing Competency