



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: CSU GE Breadth

Total Units: 60

First Year

Semester 1

9 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	KINES 300	Introduction to Kinesiology	3	
GE	ENGWR 300 / 480 ^H	College Composition	3	A2
GE		any Area E (Lifelong Learning) course	3	E

Semester 2

7 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
RE	STAT 300	Introduction to Probability and Statistics	4	B4
GE		any Area C1 (Arts) course	3	C1

Second Year

Semester 3

8 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
RE	CHEM 305	Introduction to Chemistry	5	B1
GE		any Area C2 (Humanities) course	3	C2

Semester 4

8 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	BIOL 430	Anatomy and Physiology	5	B2, B3
GE		any Area C1 (Arts) or C2 (Humanities) course	3	C1 or C2

Third Year

Semester 5

8 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	BIOL 431	Anatomy and Physiology	5	
GE		any Area A1 (Oral Communication) course	3	A1

Semester 6

7 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
RE	FITNS 380 ¹	Circuit Weight Training	1	

TRANSFER PATH

Potential Transfer Majors:

- Kinesiology B.S.

Potential Career/Options After Completing a Bachelor's Degree:

Career opportunities include:

- Teacher
- Coach
- Strength and conditioning coach/instructor
- Health and fitness professional
- Sport management
- Therapeutic exercise

With a more advanced degree:

- Athletic training
- Physical therapy
- Occupational therapy

Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.
- CHEM 305 is a prerequisite to BIOL 430.

Scheduling Notes:

- KINES 401 is offered in the spring.

Other Notes to Students Preparing to Transfer:

- See ASSIST.ORG for the transfer requirements of the institution to

CAT.	COURSE	TITLE	UNIT	GE AREA
GE		any Area A3 (Critical Thinking) course	3	A3
Elec		any elective course numbered 300-499	3	

Fourth Year

Semester 7

6 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
RE	TMACT 300 ¹	Soccer, Indoor	1	
GE		any Area D (Social Sciences) course	3	D
Elec		any elective course numbered 300-499	2	

Semester 8

7 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
RE	PACT 390 ¹	Tennis I	1	
GE		any Area D (Social Sciences) course	3	D
GE		any Area F (Ethnic Studies) course	3	F

¹ These are examples of courses that can be used for this degree. [See the catalog](#) for the other options.

which you plan to transfer.

- The UC system requires proficiency in a language other than English equivalent to two years of high school study. [See a counselor](#) about fulfilling this requirement.

Honors Courses (H):

Students with a cumulative GPA of 3.2 or better who complete 15 or more units of Honors coursework earn an Honors Transfer Certificate and can take advantage of honors-to-honors transfer agreements with highly selective colleges and universities, both public and private.

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree