



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

Total Units: 38.5

## First Year

### Semester 1

12.5 Units

CAT.	COURSE	TITLE	UNIT
Req	HSER 300	Introduction to Human Services	3
Req	HSER 310	Ethical Issues and Client's Rights	3
RE	PSYC 305	Psychology Applied to Modern Life	3
Req	HSER 340 / PSYC 400	Introduction to Chemical Dependency	3
Req	HEED 315	First Aid	0.5

### Semester 2

13 Units

CAT.	COURSE	TITLE	UNIT
Req	HSER 341 / PSYC 401	Physiology and Pharmacology: Alcohol & Other Drugs	3
Req	HSER 360	Techniques of Interviewing and Counseling	3
Req	HSER 330 / PSYC 365	Issues of Diverse Populations	3
Req	PSYC 340 / 481 <sup>H</sup>	Abnormal Behavior	3
Req	HEED 310	Heartsaver First Aid, Adult and Pediatric CPR and AED	1

<sup>H</sup> honors courses

## Second Year

### Semester 3

11 Units

CAT.	COURSE	TITLE	UNIT
Req	HSER 342 / PSYC 402	Alcoholism: Intervention, Treatment & Recovery	3
Req	HSER 365	Techniques of Group Counseling	3
Req	HSER 362	Practices in Human Services	3
Req	HSER 498	Work Experience in Human Services	2

### Semester 4

2 Units

CAT.	COURSE	TITLE	UNIT
Req	HSER 498	Work Experience in Human Services	2

## CAREER PATH

### Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

### Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are covered by the end of the second semester of HSER 498.

### Other Notes:

- The second semester internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.

## EXPLANATION OF CATEGORIES

<b>Req</b>	Required Core	A course that is required for this program
<b>RE</b>	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list

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