



Recreation A.A. Degree

FULL TIME

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: local AA/AS

Total Units: 60

First Year

Semester 1

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	RECR 300	Introduction to Recreation and Leisure Services	3	
GE	ENGWR 300 / 480 ^H	College Composition	3	Ila WC
GE	MATH 300	Introduction to Mathematical Ideas	3	IIb MC
GE		any Area I (Humanities) course	3	I
Elec		any elective course numbered 100-499	3	

Semester 2

16 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	RECR 310	Outdoor Recreation	3	
Req	ECE 312 / PSYC 372	Child Development	3	Vb
RE	COMM 301 ¹	Introduction to Public Speaking	3	
GE		any Area IIIa (PE Activity) course	1	IIIa
Elec		any elective course numbered 100-499	3	
Elec		any elective course numbered 100-499	3	

¹ or COMM 331 (Group Discussion)

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	RECR 320	Recreation Activity Leadership	3	
Req	GERON 302 / PSYC 374	Psychology of Aging: Adult Development and Aging	3	
GE		any Area IV (Natural Sciences) course	3	IV
Elec		any elective course numbered 100-499	3	
Elec		any elective course numbered 100-499	3	

Semester 4

14 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
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CAREER PATH

Career Options:

Careers in recreation include jobs in recreational therapy, as well as in park facilities and services in federal, state, municipal, and voluntary nonprofit agencies.

Travel and tourism, club management, resort recreation, food and beverage services, lodging, professional sports, entertainment, and cultural services are an integral part of the recreation and leisure services market.

Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.

Other Notes:

- An internship (RECR 498) is required as it opens up potential employment opportunities. Students can earn at least 2 units for related paid or unpaid work experience including volunteer and internship positions through RECR 498. This course also works toward satisfying GE Area IIIb. See the [Work Experience website](#) for more information.
- For students interested in transfer, the RECR courses in this degree fulfill CSU introductory requirements for the Recreation degree.

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	RECR 498	Work Experience in Recreation	2	IIIb
GE		any Area Va (American Institutions) course	3	Va
GE		any Area VI (Ethnic/Multicultural Studies) course	3	VI
Elec		any elective course numbered 100-499	3	
Elec		any elective course numbered 100-499	3	

^H honors courses

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list

Graduation Requirement

A course that fulfills a specific graduation requirement which can be replaced by another course that meets the same graduation requirement.

MC = Math Competency

WC = Writing Competency

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