



Gerontology: Recreation A.A. Degree

FULL TIME

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: local AA/AS

Total Units: 60

First Year

Semester 1

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	GERON 303	Introduction to Social Gerontology: Aging in Contemporary Society	3	
Req	HSER 300	Introduction to Human Services	3	
Req	COMM 321	Interpersonal Communication	3	
GE	ENGWR 300 / 480 ^H	College Composition	3	Ila WC
GE		any Area I (Humanities) course	3	I

Semester 2

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	GERON 302 / PSYC 374	Psychology of Aging: Adult Development and Aging	3	Vb
Req	HSER 310	Ethical Issues and Client's Rights	3	
RE	KINES 300	Introduction to Kinesiology	3	
GE	MATH 300	Introduction to Mathematical Ideas	3	IIb MC
Elec		any elective course numbered 100-499	3	

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	GERON 306	Health, Wellness, and the Aging Process	3	
RE	HSER 330 / PSYC 365	Issues of Diverse Populations	3	VI
RE	RECR 300	Introduction to Recreation and Leisure Services	3	
RE	RECR 320	Recreation Activity Leadership	3	
GE		any Area Va (American Institutions) course	3	Va

Semester 4

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	GERON 490	Aging Policy and Practice	3	
Req	GERON 498	Work Experience in Gerontology	3	IIIb

CAREER PATH

Career Options:

A wide variety of entry-level positions as well as positions that require the knowledge and skills needed to plan and lead activity and recreation programs in assisted living residences, nursing care facilities, or in client homes as an independent contractor. Positions are available in state and local government agencies, non-profit organizations, institutions, and private sector businesses that provide older people and adults with disabilities, with information and referral services, service coordination, employment counseling, legal services, activity and recreation programs, health education programs, housing, medical care, and in-home support services.

Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.

Scheduling Notes:

- GERON 306 is offered in the fall.
- GERON 490 is offered in the spring.

Other Notes:

Gerontology is an applied science that provides knowledge and experience you need as a professional that can also be applied personally. Gerontology is a behavioral science because gerontologists work directly with older people; a social science because gerontologists work behind the scenes as administrators and staff planning and running programs; and a political science

CAT.	COURSE	TITLE	UNIT	GE AREA
GE		any Area IIIa (Physical Education) course	1	IIIa
GE		any Area IV (Natural Sciences) course	3	IV
Elec		any elective course numbered 100-499	3	
Elec		any elective course numbered 100-499	2	

because gerontologists advocate for new policies and policy changes that will improve the lives of older people.

Honors Courses (H):

Students with a cumulative GPA of 3.2 or better who complete 15 or more units of Honors coursework earn an Honors Transfer Certificate and can take advantage of honors-to-honors transfer agreements with highly selective colleges and universities, both public and private.

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

Graduation Requirement

A course that fulfills a specific graduation requirement which can be replaced by another course that meets the same graduation requirement.

MC = Math Competency

WC = Writing Competency