



Sports Medicine A.S. Degree

FULL TIME

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: local AA/AS

Total Units: 60

First Year

Semester 1

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	KINES 330	Care and Prevention of Athletic Injuries	3	
Req	NUTRI 300	Nutrition	3	IIIb
RE	CHEM 305 ¹	Introduction to Chemistry	5	IV
GE	STAT 300 / 480 ^H	Introduction to Probability and Statistics	4	IIb MC

¹ or CHEM 400 (General Chemistry I)

Semester 2

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	KINES 334	Practical Applications in Athletic Training/Sports Medicine	3	
Req	BIOL 430	Anatomy and Physiology	5	
GE	ENGWR 300 / 480 ^H	College Composition	3	Ila WC
GE		any Area I (Humanities) course	3	I
GE		any Area IIIa (PE Activity) course	1	IIIa

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	BIOL 431	Anatomy and Physiology	5	
GE		any Area Va (American Institutions) course	3	Va
Elec		any elective course numbered 300-499	3	
Elec		any elective course numbered 300-499	3	
Elec		any elective course numbered 300-499	1	

Semester 4

15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Req	PSYC 300	General Principles	3	Vb
GE		any Area VI (Ethnic/Multicultural Studies) course	3	VI
Elec		any elective course numbered 300-499	3	
Elec		any elective course numbered 300-499	3	

TRANSFER PATH

Potential Transfer Majors:

- athletic training
- exercise science
- kinesiology
- other sports medicine related fields

This map prepares students for the A.S. degree. Additional major requirements and general education courses are needed for transfer. [See a counselor](#) to create an educational plan that prepares you to transfer.

Potential Career/Options After Completing a Bachelor's Degree:

Career opportunities include:

- Teacher
- Coach
- Strength and conditioning coach/instructor
- Health and fitness professional
- Sport management
- Therapeutic exercise

With a more advanced degree:

- Athletic training
- Physical therapy
- Occupational therapy

Advising Notes:

- Students can substitute ESLW 340 for ENGWR 300/480.

CAT.	COURSE	TITLE	UNIT	GE AREA
Elec		any elective course numbered 300-499	3	

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

Graduation Requirement

A course that fulfills a specific graduation requirement which can be replaced by another course that meets the same graduation requirement.

MC = Math Competency

WC = Writing Competency

- CHEM 305 or 400 is a prerequisite to BIOL 430.

Other Notes to Students Preparing to Transfer:

- Students planning to transfer should also consider the Kinesiology AS-T degree. [See the catalog](#) for more information.
- Additional coursework may be required. Work with a counselor and [ASSIST.ORG](#) to determine the courses needed for your goals.

Honors Courses (H):

Students with a cumulative GPA of 3.2 or better who complete 15 or more units of Honors coursework earn an [Honors Transfer Certificate](#) and can take advantage of honors-to-honors transfer agreements with highly selective colleges and universities, both public and private.