



Nutrition and Dietetics AS-T Degree

Associate Degree for Transfer (ADT) - A Degree with a guarantee: This program map represents one possible path for completing this program. **Please see a counselor** to create an education plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

GE Pattern: CSU GE Breadth / IGETC

Total Units: 60-61

First Year

Semester 1

15 Units

CAT.	COURSE	TITLE	UNIT	CSU GE	IGETC
Maj	PSYC 300 / 480 ^H	General Principles	3	D	4
Maj	CHEM 400 ⁺	General Chemistry I	5	B1/B3	5A/5C
ME	STAT 300* / 480 ^H	Introduction to Probability and Statistics	4	B4	2A
Elec	INDIS 313**	Freshman Seminar	3		

+Prerequisite for CHEM 400: CHEM 300 with a grade of "C" or better or through the CHEM assessment, within one year prior to enrollment in CHEM 400

*If you don't place directly in STAT 300 (check your e-Services account), you will need to take STAT 10/STAT 300 combo course.

**INDIS 313 - Freshman Seminar is specifically designed for First Time in College students only. If you're not a First Time in College student, you can choose any elective course numbered 300-499.

Semester 2

17-18 Units

CAT.	COURSE	TITLE	UNIT	CSU GE	IGETC
Maj	NUTRI 300 / 480 ^H	Nutrition	3	E	
Maj	CHEM 401 ⁺	General Chemistry II	5		
ME		*Major Elective	3		
GE	ENGWR 300** / 488 ^H / ESLW 340	College Composition	3-4	A2	1A
GE		Arts/Humanities	3	C1	3A

+Prerequisite for CHEM 401: CHEM 400 with a grade of "C" or better

*Major Elective. A minimum of 3 units from the following: KINES 300, NUTRI 302/KINES 418, NUTRI 310, NUTRI 330, SOC 300

Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

PLEASE SEE AN SCC COUNSELOR.

ADT Requirements

Transfer degrees require the following:

1. Complete all required courses for a major with a grade of "C" or better.
2. Complete 60 CSU-transferable units. At least 12 of the 60 units must be earned at Sacramento City College.
3. Complete one of the following general education (GE) patterns. Meet with your SCC Counselor to discuss the appropriate GE pattern for your individual transfer/graduation goals:

- [CSU General Education Breadth Requirements](#)
- [Intersegmental General Education Transfer Curriculum \(IGETC\) – CSU option](#)

Placement Information

Support courses required for English and Math per placement. **Check your e-Services account under "Academic Records" to**

**If you don't place directly in ENGWR 300 (check your e-Services account), you will need to take ENGWR 80/ENGWR 300 combo course.

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	CSU GE	IGETC
GE		Critical Thinking	3	A3	1B
GE		Arts/Humanities	3	C2	3B
GE		Oral Communication	3	A1	1C
Elec		*Elective	3		
Elec		*Elective	3		

*Electives may include any courses numbered 300-499.

Semester 4

13 Units

CAT.	COURSE	TITLE	UNIT	CSU GE	IGETC
Maj	BIOL 440 ⁺	General Microbiology	4	B2	5B
GE		Arts/Humanities	3	C1 or C2	3A or 3B
GE		Ethnic Studies	3	F	7
GE		*Social Sciences	3	D	4

+Prerequisite for BIOL 440: CHEM 305, CHEM 309 or CHEM 400 with a grade of "C" or better

*For students following the CSU path, this can be any CSU Area D course. For students following the IGETC path, this course must be an IGETC Area 4 course in a discipline other than PSYC.

determine your placements.

Counselor Notes

- All AA-Ts and AS-Ts are designed to transfer to CSUs in most majors. **Students who wish to transfer to a UC are strongly encouraged to meet with a counselor to determine additional major requirements.**
- Math – you may have other options for transfer level math; check with your counselor.

Important Link

[SCC General Counseling](#)

[Nutrition](#)

[Health & Health Professions Meta Majors](#)