



# Occupational Therapy Assistant A.S. Degree - (OTA)

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2024-25

Total Units: 80-83

## First Year

### Semester 1

13-14 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
PreReq	AH 106	Communication for Allied Health Careers	2	
PreReq	AH 311	Medical Language for Health-Care Providers	3	
PreReq	LIBR 307	Medical Information Resources	1	
PreReq	OTA 100	Introduction to Occupational Therapy	1	
GE	ENGWR 300* / 488 <sup>H</sup> / ESLW 340	College Composition	3-4	IIA
PreReq	AH 301 / SOC 300 / ANTH 310 / 481	Major Prerequisite Elective	3	

\*If you don't place directly in ENGWR 300 (check your e-Services account), you will need to take ENGWR 80/ENGWR 300 combo course.

### Semester 2

14-16 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
PreReq	NUTRI 300 / 480 / HEED 300	Major Prerequisite Elective	3	IIIB
PreReq	PSYC 370 / EDUC 300	Human Development: A Life Span	3	
PreReq	BIOL 100* / 430 <sup>+</sup>	Introduction to Concepts of Human Anatomy and Physiology	3-5	IV
GE	STAT 300** / 480	Introduction to Probability and Statistics	4	IIB
GE		Physical Education	1	IIIA

\*BIOL 100 (1 semester) OR BIOL 430 & BIOL 431 (2 semesters after completing CHEM 305)

**+Prerequisite for BIOL 430:** Completion of CHEM 305, 309 or 400 with a grade of "C" or better

\*\*If you don't place directly in STAT 300 (check your e-Services account), you will need to take STAT 10/STAT 300 combo course.

### Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

### Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

**THIS MAP IS CREATED BASED ON CATALOG REQUIREMENTS AND PROGRAM ELIGIBILITY. MANY OF THE REQUIREMENTS TO ENTER THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM HAVE PREREQUISITES AND MAY TAKE LONGER TO COMPLETE THAN THE SEQUENCE OF THIS MAP. STUDENTS USING FINANCIAL AID MUST CLAIM PRE-HEALTH OCCUPATIONS AS THEIR MAJOR UNTIL ACCEPTED INTO THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM. PLEASE SEE AN SCC COUNSELOR.**

### AA/AS Requirements

Associate Degrees require the following:

1. Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed at Sacramento City College.
2. Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.
3. Completion of Sacramento City College's general education requirements â€" Area I; Area II(a) and II(b); Area

# Second Year

## Semester 3 (Fall)

14 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
PreReq	BIOL 431 <sup>+</sup>	Anatomy and Physiology	5	
GE		Humanities	3	I
GE	HIST 310 / 311 / 320 / 321 / 327 / 483 <sup>H</sup> / 484 <sup>H</sup> / 485 <sup>H</sup> / 486 <sup>H</sup> / 487 <sup>H</sup>	American Institutions/Ethnic - Multicultural Studies	3	VA/VI
PreReq	PSYC 300 / 480 <sup>H</sup>	General Principles	3	VB

**+Prerequisite for BIOL 431:** Completion of CHEM 305, 309 or 400 and BIOL 430 with grades of "C" or better

**^BIOL 431 is only required for students who chose to complete BIOL 430 in a previous semester. Students who completed BIOL 100 in a previous semester do not need to take this course.**

## Semester 4 (Spring)

10 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	OTA 123	Fundamentals of Clinical Documentation	1	
Maj	OTA 124 <sup>+</sup>	Introduction to Electronic Documentation for the OTA	0.5	
Maj	OTA 131 <sup>^</sup>	Occupational Therapy Theory and Process in Psychosocial Dysfunction	5	
Maj	OTA 132 <sup>^</sup> / 122 <sup>+</sup>	Introduction to Clinical Practice in Psychosocial Dysfunction	1	
Maj	OTA 150 <sup>^</sup>	Occupational Therapy Process and Practice in Developmental Disabilities and Pediatric Conditions	2.5	

**+Prerequisite for OTA 124:** OTA 120 and 123 with grades of "C" or better

**^Corequisite for OTA 131:** OTA 132

**^Corequisite for OTA 132:** OTA 131

**+Prerequisite for OTA 122:** AH 106 with a grade of "C" or better

**^Corequisite for OTA 150:** OTA 152

## Summer Session

4.5 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	OTA 110 <sup>+</sup>	Functional Biomechanics for the OTA	3	
Maj	OTA 111 <sup>+</sup>	Functional Biomechanics Lab for the OTA	1	
Maj	OTA 152 <sup>^</sup>	Introduction to Clinical Practice in Pediatric Conditions	0.5	

**+Prerequisite for OTA 110 and OTA 111:** OTA 150 and 152 with grades of "C" or better

**^Corequisite for OTA 110:** OTA 111

**^Corequisite for OTA 111:** OTA 110

III(a) and III(b), or Area III(c); Area IV; Area V; and Area VI " with an overall 2.0 GPA.

4. Completion of all three competency requirements (reading, writing, and mathematics).

Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.

*Exception: Students who possess a bachelor's (BA/BS) or higher degree from a college or university accredited through a regional accrediting agency recognized by the Council for Higher Education Accreditation (CHEA) are deemed to have satisfied both the general education and graduation competency requirements for an AA/AS degree. Degrees from accredited institutions outside of the US will be evaluated on a case-by-case basis.*

### Placement Information

Support courses required for English and Math per placement. **Check your e-Services account under "Academic Records" to determine your placements.**

### Important Links

[SCC General Counseling](#)  
[Occupational Therapy Assisting](#)  
[Health & Health Profession Meta Majors](#)

^Corequisite for OTA 152: OTA 150

## Third Year

### Semester 5 (Fall)

8 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	OTA 140 <sup>+</sup> <sup>^</sup>	Theoretical Foundations of Physical Dysfunction	3	
Maj	OTA 141 <sup>+</sup>	Occupational Therapy Process in Physical Dysfunction	4	
Maj	OTA 142 <sup>+</sup> / 122 <sup>+</sup>	Introduction to Clinical Practice in Physical Dysfunction	1	

+Prerequisite for OTA 140, OTA 141 and OTA 142: OTA 110 and 111 with grades of "C" or better

^Corequisite for OTA 140: OTA 141 and OTA 142

^Corequisite for OTA 141: OTA 140 and OTA 142

^Corequisite for OTA 142: OTA 141

+Prerequisite for OTA 122: AH 106 with a grade of "C" or better

### Semester 6 (Spring)

9 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	OTA 120 <sup>+</sup>	Fundamentals of Occupational Therapy Assistant Practice	2.5	
Maj	OTA 160 <sup>+</sup> <sup>^</sup>	Fieldwork Level II for the Occupational Therapy Assistant	6	
Maj	OTA 162 <sup>^</sup>	Practice Skills for First Rotation OTA Level II Fieldwork	0.5	

+Prerequisite for OTA 120: OTA 123 and LIBR 307 with grades of "C" or better

+Prerequisite for OTA 160: OTA 131 and 132 with grades of "C" or better

^Corequisite for OTA 160: OTA 162

^Corequisite for OTA 162: OTA 160

### Summer Session

1 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	OTA 121 <sup>+</sup>	Contemporary Models of Practice in Occupational Therapy	1	

+Prerequisite for OTA 121: OTA 120 with a grade of "C" or better

## Fourth Year

### Semester 7 (Fall)

6.5 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
<b>Maj</b>	OTA 161 <sup>+</sup> <sup>^</sup>	Fieldwork Level II for the Occupational Therapy Assistant	6	
<b>Maj</b>	OTA 163 <sup>^</sup>	Practice Skills for Second Rotation OTA Level II Fieldwork	0.5	

**+Prerequisite for OTA 161:** OTA 121, 141, and 142 with grades of "C" or better

**^Corequisite for OTA 161: OTA 163**

**^Corequisite for OTA 163: OTA 161**

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