



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

GE Pattern: local AA/AS

Total Units: 60

First Year

Semester 1

15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 300 Introduction to Human Services	3		
Req	HSER 310 Ethical Issues and Client's Rights	3		
Req	HSER 340 Introduction to Chemical Dependency or PSYC 400 Introduction to Chemical Dependency	3 3		L7B
RE	PSYC C1000 Introduction to Psychology or PSYC C1000H^H Introduction to Psychology - Honors	3 3		L4
GE	ENGL C1000 Academic Reading and Writing or ENGL C1000H^H Academic Reading and Writing - Honors	3 3		L1A

Semester 2

14 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 341 Physiology and Pharmacology: Alcohol & Other Drugs or PSYC 401 Physiology and Pharmacology: Alcohol & Other Drugs	3 3	HSER 340 or PSYC 400	
Req	HSER 360 Techniques of Interviewing and Counseling	3	HSER 300	
Req	HEED 310 Heartsaver First Aid, Adult and Pediatric CPR and AED	1		

CAREER PATH

Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.
- This degree can be completed using either the local AA/AS general education (GE) pattern or the Cal-GETC transfer GE pattern. See a counselor to determine which pattern is best for you based on your academic goals.
- Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
- **Elective Courses:** any elective courses numbered 100-499, or having a 4-digit number starting with C.

Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
GE	PSYC 330 Introductory Statistics for the Behavioral Sciences	3		L2
GE	any Area L5 (Natural Sciences) course	3		L5
GE	any Area L7A (Physical Education) course	1		L7A

Second Year

Semester 3

15.5 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 330 Issues of Diverse Populations or PSYC 365 Issues of Diverse Populations	3 3		
Req	HSER 342 Alcoholism: Intervention, Treatment & Recovery or PSYC 402 Alcoholism: Intervention, Treatment & Recovery	3 3	HSER 341 or PSYC 401	
Req	HSER 365 Techniques of Group Counseling	3	HSER 360	
Req	PSYC 340 Abnormal Behavior or PSYC 481 ^H Honors Abnormal Behavior	3 3		
Req	HEED 315 First Aid	0.5		
GE	any Area L1B (Oral Communication & Critical Thinking) course	3		L1B

Semester 4

13.5 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 362 ¹ Practices in Human Services	3		
Req	HSER 498 ¹ Work Experience in Human Services	2		
GE	any Area L3 (Arts & Humanities) course	3		L3
GE	any Area L6 (Ethnic Studies) course	3		L6
Elec	any elective course	2.5		

covered by the end of the second semester of HSER 498.

Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The second semester of internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.
- In addition to having valid First Aid and CPR certification during internship placement, students must also provide a TB clearance.
- There is a push in the industry toward requiring bachelor's degrees. Students interested in transferring to pursue a bachelor's degree are encouraged to discuss their options with a counselor.

¹ Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

Third Year

Semester 5

2 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 498 Work Experience in Human Services	2		

^H honors courses

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

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