



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**GE Pattern:** local AA/AS

**Total Units:** 60

## First Year

### Semester 1 9 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	<b>HSER 300</b> Introduction to Human Services	3		
Req	<b>HSER 310</b> Ethical Issues and Client's Rights	3		
GE	<b>ENGL C1000</b> Academic Reading and Writing or	3		L1A
	<b>ENGL C1000H<sup>H</sup></b> Academic Reading and Writing - Honors	3		

### Semester 2 9 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	<b>HSER 340</b> Introduction to Chemical Dependency or	3		L7B
	<b>PSYC 400</b> Introduction to Chemical Dependency	3		
RE	<b>PSYC C1000</b> Introduction to Psychology or	3		L4
	<b>PSYC C1000H<sup>H</sup></b> Introduction to Psychology - Honors	3		
GE	<b>PSYC 330</b> Introductory Statistics for the Behavioral Sciences	3		L2

## Second Year

### Semester 3 6 Units

## CAREER PATH

### Career Options:

- community outreach worker
- case management aid
- social worker assistant
- crisis intake worker
- correctional/probation officer

### Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.
- This degree can be completed using either the local AA/AS general education (GE) pattern or the Cal-GETC transfer GE pattern. See a counselor to determine which pattern is best for you based on your academic goals.
- Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
- **Elective Courses:** any elective courses numbered 100-499, or having a 4-digit number starting with C.

### Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 330 Issues of Diverse Populations or	3		
	PSYC 365 Issues of Diverse Populations	3		
GE	any Area LIB (Oral Communication & Critical Thinking) course	3		LIB

### Semester 4

6 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
GE	any Area L5 (Natural Sciences) course	3		L5
Elec	any elective course	3		

## Third Year

### Semester 5

9 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 360 Techniques of Interviewing and Counseling	3	HSER 300	
Req	SOC 300 Introductory Sociology	3		
GE	any Area L3 (Arts & Humanities) course	3		L3

### Semester 6

7.5 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	PSYC 340 Abnormal Behavior or	3		
	PSYC 481 <sup>H</sup> Honors Abnormal Behavior	3		
Req	HEED 310 Heartsaver First Aid, Adult and Pediatric CPR and AED	1		
Req	HEED 315 First Aid	0.5		
GE	any Area L6 (Ethnic Studies) course	3		L6

## Fourth Year

### Semester 7

6 Units

process, which includes an out-of-class orientation and application process.

- The internship (HSER 498) involves approximately 24 hours of work experience. The program is designed for students to take 2 units in one semester.
- In addition to having valid First Aid and CPR certification during internship placement, students must also provide a TB clearance.
- There is a push in the industry toward requiring bachelor's degrees. Students interested in transferring to pursue a bachelor's degree are encouraged to discuss their options with a counselor.

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 365 Techniques of Group Counseling	3	HSER 360	
Elec	any elective course	3		

## Semester 8

7.5 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	HSER 362 <sup>1</sup> Practices in Human Services	3		
Req	HSER 498 <sup>1</sup> Work Experience in Human Services	2		
GE	any Area L7A (Physical Education) course	1		L7A
Elec	any elective course	1.5		

<sup>1</sup> Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

<sup>H</sup> honors courses

### EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree