



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**Total Units:** 33.5

## First Year

### Semester 1

9 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 300 Introduction to Human Services	3	
Req	HSER 310 Ethical Issues and Client's Rights	3	
RE	PSYC C1000 Introduction to Psychology <b>or</b>	3	
	PSYC C1000H <sup>H</sup> Introduction to Psychology - Honors	3	

### Semester 2

9 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 330 Issues of Diverse Populations <b>or</b>	3	
	PSYC 365 Issues of Diverse Populations	3	
Req	HSER 340 Introduction to Chemical Dependency <b>or</b>	3	
	PSYC 400 Introduction to Chemical Dependency	3	
Req	HSER 360 Techniques of Interviewing and Counseling	3	HSER 300

## Second Year

### Semester 3

9.5 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 365 Techniques of Group Counseling	3	HSER 360
Req	PSYC 340 Abnormal Behavior <b>or</b>	3	
	PSYC 481 <sup>H</sup> Honors Abnormal Behavior	3	
Req	SOC 300 Introductory Sociology	3	

## CAREER PATH

### Career Options:

- community outreach worker
- case management aid
- social worker assistant
- crisis intake worker
- correctional/probation officer

### Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The internship (HSER 498) involves approximately 24 hours of work experience. The program is designed for students to take 2 units in one semester.

### Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.

CAT.	COURSE	UNIT	PREREQUISITES
Req	HEED 315 First Aid	0.5	

## Semester 4

6 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 362 <sup>1</sup> Practices in Human Services	3	
Req	HSER 498 <sup>1</sup> Work Experience in Human Services	2	
Req	HEED 310 Heartsaver First Aid, Adult and Pediatric CPR and AED	1	

<sup>1</sup> Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

<sup>H</sup> honors courses

### EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list