



# Human Services Certificate

FULL TIME

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

Total Units: 33.5

## First Year

### Semester 1

12.5 Units

| CAT. | COURSE   | UNIT   | PREREQUISITES |
|------|--|--------|---------------|
| Req  | <b>HSER 300</b><br>Introduction to Human Services  | 3      |               |
| Req  | <b>HSER 310</b><br>Ethical Issues and Client's Rights  | 3      |               |
| RE   | <b>PSYC C1000</b><br>Introduction to Psychology <b>or</b><br><b>PSYC C1000H<sup>H</sup></b><br>Introduction to Psychology - Honors | 3<br>3 |               |
| Req  | <b>HSER 340</b><br>Introduction to Chemical Dependency <b>or</b><br><b>PSYC 400</b><br>Introduction to Chemical Dependency         | 3<br>3 |               |
| Req  | <b>HEED 315</b><br>First Aid   | 0.5    |               |

### Semester 2

13 Units

| CAT. | COURSE   | UNIT   | PREREQUISITES |
|------|--|--------|---------------|
| Req  | <b>HSER 330</b><br>Issues of Diverse Populations <b>or</b><br><b>PSYC 365</b><br>Issues of Diverse Populations | 3<br>3 |               |
| Req  | <b>HSER 360</b><br>Techniques of Interviewing and Counseling   | 3      | HSER 300      |
| Req  | <b>PSYC 340</b><br>Abnormal Behavior <b>or</b><br><b>PSYC 481<sup>H</sup></b><br>Honors Abnormal Behavior      | 3<br>3 |               |
| Req  | <b>SOC 300</b><br>Introductory Sociology   | 3      |               |
| Req  | <b>HEED 310</b><br>Heartsaver First Aid, Adult and Pediatric CPR and AED                                       | 1      |               |

## Second Year

### Semester 3

8 Units

| CAT. | COURSE   | UNIT | PREREQUISITES |
|------|--|------|---------------|
| Req  | <b>HSER 362<sup>1</sup></b><br>Practices in Human Services | 3    |               |

## CAREER PATH

### Career Options:

- community outreach worker
- case management aid
- social worker assistant
- crisis intake worker
- correctional/probation officer

### Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The internship (HSER 498) involves approximately 24 hours of work experience. The program is designed for students to take 2 units in one semester.

### Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.

| CAT. | COURSE   | UNIT | PREREQUISITES |
|------|--|------|---------------|
| Req  | <b>HSER 365</b><br>Techniques of Group Counseling                | 3    | HSER 360      |
| Req  | <b>HSER 498<sup>1</sup></b><br>Work Experience in Human Services | 2    |               |

<sup>1</sup> Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

<sup>H</sup> honors courses

#### EXPLANATION OF CATEGORIES

|     |                     |  |
|-----|---------------------|--|
| Req | Required Core       | A course that is required for this program   |
| RE  | Restricted Elective | A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list |

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