



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

Total Units: 38.5

First Year

Semester 1 9 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 300 Introduction to Human Services	3	
Req	HSER 310 Ethical Issues and Client's Rights	3	
RE	PSYC 305 Psychology Applied to Modern Life	3	

Semester 2 9 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 340 Introduction to Chemical Dependency or	3	
	PSYC 400 Introduction to Chemical Dependency	3	
Req	HSER 360 Techniques of Interviewing and Counseling	3	HSER 300
Req	HSER 330 Issues of Diverse Populations or	3	
	PSYC 365 Issues of Diverse Populations	3	

Second Year

Semester 3 7.5 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	PSYC 340 Abnormal Behavior or	3	
	PSYC 481 ^H Honors Abnormal Behavior	3	
Req	HSER 341 Physiology and Pharmacology: Alcohol & Other Drugs or	3	HSER 340 or PSYC 400
	PSYC 401 Physiology and Pharmacology: Alcohol & Other Drugs	3	

CAREER PATH

Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are covered by the end of the second semester of HSER 498.

Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.

Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The second semester internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.

CAT.	COURSE	UNIT	PREREQUISITES
Req	HEED 315 First Aid	0.5	
Req	HEED 310 Heartsaver First Aid, Adult and Pediatric CPR and AED	1	

Semester 4

6 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 365 Techniques of Group Counseling	3	HSER 360
Req	HSER 342 Alcoholism: Intervention, Treatment & Recovery or PSYC 402 Alcoholism: Intervention, Treatment & Recovery	3 3	HSER 341 or PSYC 401

Third Year

Semester 5

5 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 362 ¹ Practices in Human Services	3	
Req	HSER 498 ¹ Work Experience in Human Services	2	

¹ Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

Semester 6

2 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 498 Work Experience in Human Services	2	

^H honors courses

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list