



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

Total Units: 38.5

First Year

Semester 1

12.5 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 300 Introduction to Human Services	3	
Req	HSER 310 Ethical Issues and Client's Rights	3	
RE	PSYC 305 Psychology Applied to Modern Life	3	
Req	HSER 340 Introduction to Chemical Dependency or PSYC 400 Introduction to Chemical Dependency	3 3	
Req	HEED 315 First Aid	0.5	

Semester 2

13 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 341 Physiology and Pharmacology: Alcohol & Other Drugs or PSYC 401 Physiology and Pharmacology: Alcohol & Other Drugs	3 3	HSER 340 or PSYC 400
Req	HSER 360 Techniques of Interviewing and Counseling	3	HSER 300
Req	HSER 330 Issues of Diverse Populations or PSYC 365 Issues of Diverse Populations	3 3	
Req	PSYC 340 Abnormal Behavior or PSYC 481^H Honors Abnormal Behavior	3 3	
Req	HEED 310 Heartsaver First Aid, Adult and Pediatric CPR and AED	1	

^H honors courses

Second Year

Semester 3

11 Units

CAREER PATH

Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are covered by the end of the second semester of HSER 498.

Other Notes:

- The second semester internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 342 Alcoholism: Intervention, Treatment & Recovery or	3	HSER 341 or PSYC 401
	PSYC 402 Alcoholism: Intervention, Treatment & Recovery	3	
Req	HSER 362 Practices in Human Services	3	
Req	HSER 365 Techniques of Group Counseling	3	HSER 360
Req	HSER 498 Work Experience in Human Services	2	

Semester 4

2 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 498 Work Experience in Human Services	2	

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list

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