



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**Total Units:** 38.5

## First Year

### Semester 1

12.5 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	<b>HSER 300</b> Introduction to Human Services	3	
Req	<b>HSER 310</b> Ethical Issues and Client's Rights	3	
RE	<b>PSYC 305</b> Psychology Applied to Modern Life	3	
Req	<b>HSER 340</b> Introduction to Chemical Dependency <b>or</b>	3	
	<b>PSYC 400</b> Introduction to Chemical Dependency	3	
Req	<b>HEED 315</b> First Aid	0.5	

### Semester 2

13 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	<b>HSER 341</b> Physiology and Pharmacology: Alcohol & Other Drugs <b>or</b>	3	HSER 340 or PSYC 400
	<b>PSYC 401</b> Physiology and Pharmacology: Alcohol & Other Drugs	3	
Req	<b>HSER 360</b> Techniques of Interviewing and Counseling	3	HSER 300
Req	<b>HSER 330</b> Issues of Diverse Populations <b>or</b>	3	
	<b>PSYC 365</b> Issues of Diverse Populations	3	
Req	<b>PSYC 340</b> Abnormal Behavior <b>or</b>	3	
	<b>PSYC 481<sup>H</sup></b> Honors Abnormal Behavior	3	
Req	<b>HEED 310</b> Heartsaver First Aid, Adult and Pediatric CPR and AED	1	

<sup>H</sup> honors courses

## CAREER PATH

### Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

### Scheduling Notes:

- The program is designed for students to take 2 units of HSER 498 in one semester and 2 units in another semester, so all 12 counselor core functions are covered by the end of the second semester of HSER 498.

### Advising Notes:

- HSER 362 has HSER 365 and 498 as corequisites.
- HSER 360 has HSER 310 as a corequisite.
- HSER 310 has HSER 300 as a corequisite.

### Other Notes:

- To enroll in HSER 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The second semester internship (HSER 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.

## Second Year

### Semester 3

11 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 342 Alcoholism: Intervention, Treatment & Recovery or	3	HSER 341 or PSYC 401
	PSYC 402 Alcoholism: Intervention, Treatment & Recovery	3	
Req	HSER 362 <sup>1</sup> Practices in Human Services	3	
Req	HSER 365 Techniques of Group Counseling	3	HSER 360
Req	HSER 498 <sup>1</sup> Work Experience in Human Services	2	

<sup>1</sup> Students must take HSER 498 concurrently with HSER 362 unless they are in the second semester of the Chemical Dependency internship.

### Semester 4

2 Units

CAT.	COURSE	UNIT	PREREQUISITES
Req	HSER 498 Work Experience in Human Services	2	

#### EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list