



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**GE Pattern:** local AA/AS

**Total Units:** 60

## First Year

### Semester 1

15 Units

| CAT. | COURSE   | UNIT | PREREQUISITES | GE AREA |
|------|--|------|---------------|---------|
| Req  | <b>GERON 303</b><br>Introduction to Social Gerontology: Aging in Contemporary Society  | 3    |               | L4      |
| Req  | <b>HSER 300</b><br>Introduction to Human Services  | 3    |               |         |
| Req  | <b>COMM 321</b><br>Interpersonal Communication   | 3    |               |         |
| GE   | <b>ENGL C1000</b><br>Academic Reading and Writing<br>or<br><b>ENGL C1000H<sup>H</sup></b><br>Academic Reading and Writing - Honors | 3    |               | L1A     |
| GE   | any Area L3 (Arts & Humanities) course   | 3    |               | L3      |

### Semester 2

15 Units

| CAT. | COURSE   | UNIT | PREREQUISITES | GE AREA |
|------|--|------|---------------|---------|
| Req  | <b>GERON 305</b><br>Introduction to Geropsychology and the Aging Brain or<br><b>PSYC 375</b><br>Introduction to Geropsychology and the Aging Brain | 3    |               |         |
| Req  | <b>HSER 310</b><br>Ethical Issues and Client's Rights  | 3    |               |         |
| RE   | <b>KINES 300</b><br>Introduction to Kinesiology  | 3    |               |         |
| GE   | <b>MATH 300</b><br>Introduction to Mathematical Ideas  | 3    |               | L2      |
| Elec | any elective course  | 3    |               |         |

## CAREER PATH

### Career Options:

A wide variety of entry-level positions as well as positions that require the knowledge and skills needed to plan and lead activity and recreation programs in assisted living residences, nursing care facilities, or in client homes as an independent contractor. Positions are available in state and local government agencies, non-profit organizations, institutions, and private sector businesses that provide older people and adults with disabilities, with information and referral services, service coordination, employment counseling, legal services, activity and recreation programs, health education programs, housing, medical care, and in-home support services.

### Advising Notes:

- This degree can be completed using either the local AA/AS general education (GE) pattern or the Cal-GETC transfer GE pattern. See a counselor to determine which pattern is best for you based on your academic goals.
- Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
- **Elective Courses:** any elective courses numbered 100-499, or having a 4-digit number starting with C.

## Second Year

### Semester 3

15 Units

| CAT. | COURSE   | UNIT       | PREREQUISITES | GE AREA |
|------|--|------------|---------------|---------|
| Req  | GERON 306<br>Health, Wellness, and the Aging Process   | 3          |               |         |
| RE   | HSER 330<br>Issues of Diverse Populations <b>or</b><br><br>PSYC 365<br>Issues of Diverse Populations | 3<br><br>3 |               |         |
| RE   | RECR 300<br>Introduction to Recreation and Leisure Services  | 3          |               |         |
| RE   | RECR 320<br>Recreation Activity Leadership   | 3          |               |         |
| GE   | any Area LIB (Oral Communication & Critical Thinking) course   | 3          |               | L1B     |

### Semester 4

15 Units

| CAT. | COURSE                                      | UNIT | PREREQUISITES | GE AREA |
|------|---|------|---------------|---------|
| Req  | GERON 490<br>Aging Policy and Practice      | 3    |               |         |
| Req  | GERON 498<br>Work Experience in Gerontology | 3    |               | L7B     |
| GE   | any Area L5 (Natural Sciences) course       | 3    |               | L5      |
| GE   | any Area L6 (Ethnic Studies) course         | 3    |               | L6      |
| GE   | any Area L7A (Physical Education) course    | 1    |               | L7A     |
| Elec | any elective course                         | 2    |               |         |

#### EXPLANATION OF CATEGORIES

|     |                     |  |
|-----|---------------------|--|
| Req | Required Core       | A course that is required for this program   |
| GE  | General Education   | A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement                      |
| RE  | Restricted Elective | A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list |

### Scheduling Notes:

- GERON 306 is offered in the fall.
- GERON 490 is offered in the spring.

### Other Notes:

- Gerontology is an applied science that provides knowledge and experience you need as a professional that can also be applied personally. Gerontology is a behavioral science because gerontologists work directly with older people; a social science because gerontologists work behind the scenes as administrators and staff planning and running programs; and a political science because gerontologists advocate for new policies and policy changes that will improve the lives of older people.
- An internship (GERON 498) is required as it opens up potential employment opportunities. Students can earn at least 4 units for related paid or unpaid work experience including volunteer and internship positions through GERON 498. This course also works toward satisfying GE Area L7B. See the [Work Experience website](#) for more information.

### Honors Courses (H):

Students with a cumulative GPA of 3.2 or better who complete 15 or more units of Honors coursework earn an [Honors Transfer Certificate](#) and can take advantage of honors-to-honors transfer agreements with highly selective colleges and universities, both public and private.

## EXPLANATION OF CATEGORIES

|             |                 |  |
|-------------|-----------------|--|
| <b>Elec</b> | Degree Elective | A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree |
|-------------|-----------------|--|

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