



# Nutrition and Foods A.S. Degree - Local GE

CRC Department of Nutrition and Foods offers an Associate's degree program that is challenging, accessible, and rewarding. The program provides opportunities to master the knowledge and skills required for transfer to a didactic program in dietetics or a four-year degree in nutrition and foods.

**Total Units:** 61-62

## First Year

### Semester 1

14 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 300</b> <b>Z</b> Nutrition	3		F(O), S(O), Su(O)	
<b>CAM 306</b> <b>Z</b> Culinary Sanitation & Safety	2		F, S	
<b>NUTRI 310</b> <b>Z</b> Cultural Foods of the World	3	Advisory: LIBR 318	F(O), S(O) only online	
<b>Local Area 1a- English Composition</b> <b>Z</b>	3	Recommend meeting with a counselor	F, S, Su	CRC Area L1A
<b>Local Area 2-Math &amp; Quantitative Reasoning</b> <b>Z</b>	3	Recommend meeting with a counselor	F, S, Su	CRC Area L2

**Z** At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

### Semester 2

17-18 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 350</b> <b>Z</b> Community Nutrition	3	NUTRI 300; Advisory: NUTRI 340	S(O) only online	

## Career

### Options/Outlook:

Plan and conduct food service or nutritional programs to assist in the promotion of health and control of the disease. Monitor food service operations to ensure conformance to nutritional, safety, sanitation, and quality standards. With a minimum of a BS degree, can assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary care plans and provide nutritional counseling. Consult with physicians and health care personnel to determine patients' or clients' nutritional needs and diet restrictions. **Career opportunities require more than an associate degree.**

### A sample of reported job titles:

Clinical Dietician, Clinical Dietitian, Correctional Food Service Supervisor, Dietary Manager, Dietitian, Nutritionist, Outpatient Dietitian, Pediatric Clinical Dietician, Registered Dietician, Registered Dietitian

### Projected job openings in California (2020-2030):

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>PSYC C1000</b> <b>Z</b> General Principles	3	Advisory: ENGL C1000, ENGL C1000H, or ESLW 340; and LIBR 318	F, S, Su	
<b>CHEM 305</b> <b>Z</b> Introduction to Chemistry or	5	Elementary Algebra or higher with a C or better or eligibility for transfer-level mathematics.	F, S, Su	
<b>CHEM 400</b> <b>Z</b> General Chemistry I	5	Intermediate Algebra or higher or eligibility for transfer-level mathematics AND CHEM 300 or CHEM 305 or CHEM 309, OR one year of high school chemistry with lab	F, S, Su	
<b>Local Area 6- Ethnic Studies</b> <b>Z</b>	3		F, S, Su	CRC Area L6
<b>Local Area 7A- Living Skills (PE)</b> <b>Z</b>	1		F, S, Su	CRC Area L7A
<b>Local Area 7B- Living Skills</b> <b>Z</b>	2-3		F, S, Su	CRC Area L7B

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## Second Year

**Semester 3**

**16 Units**

## Projected growth in California (2020-2030):

16% growth

## Median Salary in California with advanced degree (2021):

\$79,340/yr

## Source:

<https://www.onetonline.org/link/summary/29-1031.00>

## Related Certificates:

NUTRI 300, 310, 322, 350, and CAM 301 are required for the **Certificate of Proficiency in Community Nutrition**.

NUTRI 303 and 331, and HORT 313 are required for the **Certificate of Proficiency in Plant-Based Nutrition & Sustainable Agriculture**.

## Transfer Notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

## General Education (GE):

Non-specified GE courses identified by CRC or Cal-GETC Area without pre- or co-requisites can be taken at any semester.

## Honors Option:

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 370</b> <b>Z</b> Food Service Management	3		F	
<b>NUTRI 322</b> <b>Z</b> Nutrition Issues Throughout Life	3		F	
<b>BIOL 308</b> <b>Z</b> Contemporary Biology	3	Advisory: ESLR 320 and ESLW 310, OR ESL 325; OR eligibility for ENGRD 310 AND ENGWR 101.	F, S, Su	CRC Area L5
<b>BIOL 309</b> <b>Z</b> Contemporary Biology Laboratory	1	Co-Req: BIOL 308; BIOL 308 may be taken during a previous semester. Advisory: Eligibility for ENGL C1000 or completion of ESL 130.	F, S, Su	
<b>Local Area 1b- Oral Communication &amp; Critical Thinking</b> <b>Z</b>	3		F, S, Su	CRC Area L1B
<b>Local Area 3- Art and Humanities</b> <b>Z</b>	3		F, S, Su	CRC Area L3

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## Semester 4

14 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 331</b> <b>Z</b> Plant-Based Food Principles and Preparation	3		S	

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

## About this program map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

## Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>NUTRI 340</b> <b>Z</b> Nutrition and Metabolism	3	NUTRI 300; Advisory: LIBR 318, BIOL 102, BIOL 308 & 309, CHEM 307	S	
<b>BIOL 430</b> <b>Z</b> Anatomy and Physiology	5	CHEM 305, 309, or 400	F, S, Su	CRC Area L5
<b>Local Area 4-Social &amp; Behavioral Sciences</b> <b>Z</b>	3		F, S, Su	CRC Area L4

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<sup>^</sup>You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

\*(O) = online available (P) = partially online