



# Chemical Dependency Studies Degree A.A. Degree

This degree is designed for persons seeking careers as youth group home workers, family welfare and health agency workers, county or state eligibility workers, and other para-professional positions. Graduates will have a broad range of human services skills, including group counseling, client interviewing, communication, problem-solving, and employment.

**Total Units: 52.5-61**

## First Year

### Semester 1

15-16 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>HSER 300</b> <b>Z</b> Introduction to Human Services	3	Eligible for ENGWR 300	F(O), S(O), Su(O)	
<b>HSER 302</b> <b>Z</b> Introduction to Psychology of Human Relations	3		F, S	
<b>HSER 340</b> <b>Z</b> Introduction to Chemical Dependency	3		F, S	
<b>CRC Area II(a)-Writing Competency</b>	3	Recommend meeting with a counselor	F, S, Su	
<b>CRC Area II(b)-Math Competency</b>	3-4	Recommend meeting with a counselor	F, S, Su	

**Z** At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

### Semester 2

12-15 Units

## Career

### Options/Outlook:

Substance Abuse and Behavioral Disorder Counselors counsel and advise individuals with alcohol, tobacco, drug, or other problems, such as gambling and eating disorders. May counsel individuals, families, or groups or engage in prevention programs. **Career opportunities require more than an associate degree.**

### A sample of reported job titles:

Addictions Counselor, Case Manager, Chemical Dependency Counselor (CD Counselor), Chemical Dependency Professional, Clinical Counselor, Correctional Substance Abuse Counselor, Counselor, Drug and Alcohol Treatment Specialist (DATS), Prevention Specialist, Substance Abuse Counselor (SA Counselor)

### Projected job openings in California (2020-2030):

4,330

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>HSER 341</b> <b>Z</b> Physiology and Pharmacology: Alcohol & Other Drugs	3	HSER 340	S	
<b>PSYC C1000</b> <b>Z</b> General Principles	3	Advisory: ENGRD 310, ENGRD 312, ENGWR 300, or equivalent	F, S, Su	
<b>SOC 321</b> <b>Z</b> Race, Ethnicity and Inequality in the United States <b>or</b>	3		F, S, Su	
	0			
<b>PSYC 340</b> <b>Z</b> Abnormal Behavior	3		F, S	
<b>CRC Area IV-Natural Sciences</b>	3		F, S, Su	

**Z** At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

## Year 2

### Semester 3

13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>HSER 342</b> <b>Z</b> Alcoholism: Intervention, Treatment & Recovery	3	HSER 341	F	
<b>HSER 350</b> <b>Z</b> Employment Skills in Human Services	3	Advisory: HSER 300 & 302	F	
<b>CRC Area I-Humanities</b>	3		F, S, Su	
<b>CRC Area V(a)-American Institutions</b>	3		F, S, Su	

## Projected growth in California (2020-2030):

17% growth

## Median Salary in California (2021):

\$49,630/yr

## Source:

<https://www.onetonline.org/link/summary/21-1011.00>

## Transfer notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

## General Education (GE):

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

## This map meets the requirements for:

- The Certificate of Achievement in General Human Services
- The Certificate of Achievement in Chemical Dependency Studies
- The AA degree in General Human Services

## About this program map:

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>CRC Area III(a)-Physical Edu Activity</b>	1		F, S, Su	

**Z** At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

## Semester 4

12.5-17 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>HSER 360</b> <b>Z</b> Techniques of Interviewing and Counseling	3	HSER 300 & 302; Advisory: HSER 350, HSER 300 & concurrent enrollment in HSER 362	S	
<b>HSER 362<sup>1</sup></b> <b>Z</b> Practices in Human Services	3	Co-req: HSER 360 & 498	S	
<b>HSER 364</b> <b>Z</b> Techniques of Group Counseling	4	HSER 350 & 360; Co-req: HSER 362	S	
<b>HSER 498</b> <b>Z</b> Work Experience in Human Services	0.5-4		F(O,P), S(O), Su(O)	
<b>Elective<sup>2</sup></b>	2-3		F, S, Su	

**Z** At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

<sup>^</sup>You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

\*(O) = online available. (P) = partially online

<sup>1</sup> Orientation is required prior to enrollment for this course, please contact the Human Services Department, Assistant **Professor B. Jones-Thomas by email @ [BJones@crc.losrios.edu](mailto:BJones@crc.losrios.edu)** or call (916 691-7587) for information about orientation days/times.

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

## Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

## Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

<sup>2</sup> Units required are determined by the number of units needed to total 60 units for graduation. Refer to Course Number for the appropriate course level necessary for the degree.

Catalog Year: 2025-2026  
Published September 29,  
2025

Counselor Contact: Teresa Aldredge | Faculty Contact: Brandy Jones-Thomas