



Social Work and Human Services A.A. Degree

- Local GE

This degree is designed for persons seeking careers as youth group home workers, family welfare and health agency workers, county or state eligibility workers, and other para-professional positions. Graduates will have a broad range of human services skills, including group counseling, client interviewing, communication, problem-solving, and employment.

Total Units: 56.5-60

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS 300 ^Z Introduction to Social Work & Human Services	3		F, S, Su	
SWHS 350 ^Z Ethical Issues in Social Work/Human Services	3	Advisory SWHS 302	F, S, Su	
PSYC C1000 ^Z General Principles	3	Advisory: ENGL C1000, ENGL C1000H, or ESLW 340; and LIBR 318	F, S, Su	CRC Area L4
CRC Area 1A-English Composition ^Z	3	Recommend meeting with a counselor	F, S, Su	CRC Area L1A
CRC Area 2-Mathematical Concepts & Quantitative Reasoning ^Z	3	Recommend meeting with a counselor	F, S, Su	CRC Area L2

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15 Units

Career Options/Outlook:

Social and Human Service Assistants assist in providing client services in a wide variety of fields, such as psychology, rehabilitation, or social work, including support for families. May assist clients in identifying and obtaining available benefits and social and community services. May assist social workers with developing, organizing, and conducting programs to prevent and resolve problems relevant to substance abuse, human relationships, rehabilitation, or dependent care. **Career opportunities require more than an associate degree.**

A sample of reported job titles:

Advocate, Caseworker, Community Coordinator, Family Support Worker, Home-based Assistant, Human Services Program Specialist, Mental Health Technician, Outreach Specialist, Social Services Assistant, Social Work Associate

Projected job openings in California (2020-2030):

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS 302 Z Introduction to Psychology of Human Relations	3		F, S, Su	CRC Area L7B
SWHS 360 Z Techniques for Interviewing and Case Management Services	3	SWHS 300, and SWHS 350	S	
SOC 321 Z Race, Ethnicity and Inequality in the United States	3		F, S, Su	CRC Area L4
CRC Area 1B-Oral Communication & Critical Thinking Z	3		F, S, Su	CRC Area L1B
CRC Area 6-Ethnic Studies Z	3		F, S, Su	CRC Area L6

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Year 2

Semester 3

16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS 364 Z Advanced Techniques for Working with Groups	4	SWHS 300, 350 & 360	F	
PSYC 340 Z Abnormal Behavior	3		F, S	CRC Area L4
CRC Area 5-Natural Sciences Z	3		F, S, Su	CRC Area L5
Elective ¹	3		F, S, Su	
Elective ¹	3		F, S, Su	

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7,260

Projected growth in California (2020-2030):

14% growth

Median Salary in California (2021):

Workers on average earn \$48,190.

10% of workers earn \$35,690 or less.

10% of workers earn \$73,690 or more.

Workers on average earn \$41,410.

10% of workers earn \$30,720 or less.

10% of workers earn \$61,820 or more.

Source:

Source: Bureau of Labor Statistics 2023 <https://www.bls.gov/oes/>

Transfer notes:

Social Work Human Services is a Program and students need to review program requirements prior to enrolling in classes. Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

General Education (GE):

Non-specified GE courses identified by CRC Area, CSU Area or IGETC Area without pre- or co-requisite can be taken at any semester.

elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

¹ Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

Semester 4

10.5-14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
SWHS 367¹ Z Advanced Practices in Human Services	3	SWHS 300, 350 & 360 Co-req SWHS 498	S	
SWHS 498 Z Work Experience in Human Services	0.5-4	SWHS 300, 350 & 360 Co-req SWHS 498	S	
CRC Area 3-Arts & Humanities Z	3		F, S, Su	CRC Area L3
CRC Area 7A-Living Skills (PE) Z	1		F, S, Su	CRC Area L7A
Elective²	3		F, S, Su	

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[^]You must have passed the prerequisite course(s) with a "C" or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

*(O) = online available (P) = partially online

¹ Orientation is required prior to enrollment for this course, please contact the Human Services Department, Assistant Professor B. Jones-Thomas by email @ B-Jones@crc.losrios.edu or call (916 691-7587) for information about orientation days/times.

² Units needed to total 60 units for graduation. Refer to [Course Number](#) for the appropriate course level necessary for the degree.

This map also meets the requirement for:

the Certificate of Achievement in General Human Services.

Honors option:

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

About this program map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

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Counselor Contact: Teresa Aldredge | Faculty Contact: Brandy Jones-Thomas