

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 58-60

First Year

Semester 1

16-15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
DANCE 309 Introduction to Dance	2		F, S	
DANCE 310 Z Jazz Dance I	1		F, S	L7A
DANCE 320 Z Ballet I	1		F, S	
ENGL C1000 Z Academic Reading and Writing	3		F, S	L1A
Degree Applicable Elective	3-2		F, S	
INDIS 313 Freshman Seminar	3		F, S	L7B
DANCE 380 World Dance History	3		F, S	L3

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

12-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
DANCE 330 Z Modern Dance I	1		F, S	

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see

[GE guidance page](#) for more information on the different pathways. For the previous academic year see [General Education requirements](#).

- FLC 2025-2026 [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
DANCE 382 Z Fitness Injury Prevention and Management or	2		F, S	
	0		F, S	
FITNS 392 Z Yoga	1		F, S	
Dance Elective (See List below Semester 4) ¹	1-3		F, S	
Oral Communication and Critical Thinking Z	3		F, S	L1B
MATH 300 Z Introduction to Mathematical Ideas or	3		F, S	L2
STAT C1000 Z Introduction to Statistics	4		F, S	L2
Degree Applicable Elective	3-2		F, S	

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Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

13-14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
DANCE 377 Musical Theatre Dance I	2		F, S	
DANCE 410 Z Dance Composition and Production I	2		F, S	
FITNS 395 Z Stretch	1		F, S	
DANCE 498 Z Work Experience in Dance	0.5-4		F, S	

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Natural Science Z	3		F, S	L5
Dance Elective (See List below Semester 4)	3-1		F, S	
Degree Applicable Elective	1.5-1			

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Semester 4

17-15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
DANCE 381 Pedagogy: Theory and Practice	2		F, S	
DANCE 440 Performing and Touring Group: MOSAIC Dance Company I	3		F, S	
Social/Behavioral Science Z	3		F, S	L4
Ethnic Studies	3		F, S	L6
Dance Elective (See List below)	3-2		F, S	
Degree Applicable Elective	3-2		F, S	

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Dance Elective List (A minimum of 4 units from the following):

- COMM 321 Interpersonal Communication (3)
- DANCE 351 Urban Hip Hop I (1)
- DANCE 440 Performing and Touring Group: MOSAIC Dance Company I (3)
- DANCE 495 Independent Studies in Dance (1 - 3)
- DANCE 498 Work Experience in Dance (0.5 - 4)

FITNS	392	Yoga (1)
FITNS	395	Stretch (1)
FITNS	414	Tai Chi (1)
FITNS	324	Mat Pilates (1)
INDIS	313	Freshman Seminar (3)
KINES	300	Introduction to Kinesiology (3)
MUFHL	300	Introduction to Music (3)
MUFHL	330	World Music (3)
TA	350	Theory and Techniques of Acting I (3)
TAP	340	Musical Rehearsal and Performance I (1 - 3)
DANCE	360	Tap Dance I (1)

Catalog Year: 2025-2026

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