

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC C1000 Z Introduction to Psychology	3		F, S	L4
ENGL C1000 Z Academic Reading and Writing	3		F, S	L1A
Living Skills: Physical Education Activity Z	1		F, S	L7A
Living Skills: Life Development Skills Z	3		F, S	L7B
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	1		F, S	

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 330 Z Introductory Statistics for the Behavioral Sciences	3		F, S	L2

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways. For the previous academic year see [General Education requirements](#).

- FLC 2025-2026 [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 320 Z Social Psychology	3		F, S	
Arts & Humanities Z	3		F, S	L3
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	3		F, S	

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Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 312 Z Biological Psychology	4	PSYC C1000	F, S	L5
PSYC Elective *	3		F, S	
Ethnic Studies	3		F, S	L6
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	3		F, S	

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* See List under Semester 4

Semester 4

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 335 Research Methods in Psychology	3	PSYC C1000 AND PSYC 330	F, S	
PSYC Elective	3		F, S	

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Oral Communication and Critical Thinking Z	3	ENGL C1000	F, S	L1B
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	3		F, S	

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PSYC Elective List: A minimum of 3 units from the following

PSYC 340: Abnormal Behavior (3 units)

PSYC 356: Human Sexuality (3 units)

PSYC 368 or SWHS 331: Cross Cultural Psychology (3 units)

PSYC 370: Human Development: A Life Span (3 units)

PSYC 372 or ECE 312: Child Development (3 units)

PSYC 495: Independent Studies in Psychology (1 - 3 units)

PSYC 499: Experimental Offering in Psychology (0.5 - 4 units)

Catalog Year: 2025-2026

Published May 05, 2025