

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC C1000 Z Introduction to Psychology	3		F, S	
ENGL C1000 Z Academic Reading and Writing or	3		F, S	
ENGL C1000H Academic Reading and Writing - Honors	3		F, S	
Arts	3		F, S	
Transferable Elective	3		F, S	
Humanities	3		F, S	

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 330 Z Introductory Statistics for the Behavioral Sciences	3		F, S	
PSYC 320 Z Social Psychology	3		F, S	
Critical Thinking	3		F, S	

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

- See [General Education requirements](#) for: CSU or UC for the previous 2024-25 academic year.
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.
- PSYC 368 satisfies the CSU, Sacramento Race and Ethnicity Requirement

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
HIST 310 Z History of the United States (To 1877) or	3		F, S	
HIST 311 Z History of the United States (1865 - Present)	3		F, S	
Oral Communication	3		F, S	

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- PSYC 370 is required for CSU, Sacramento

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 312 Z Biological Psychology	4	PSYC 300	F, S	
Psychology Elective	3		F, S	
US History/American Ideals	3		F, S	
Arts or Humanities	3		F, S	
Ethnic Studies	3		F, S	

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Semester 4

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 335 Research Methods in Psychology	3	PSYC 300 AND PSYC 330	F, S	
Psychology Elective	3		F, S	
Physical Science	3		F, S	
Transferable Elective	3		F, S	

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Transferable Elective	2		F, S	

PSYC Elective List: A minimum of 3 units from the following:

PSYC 340: Abnormal Behavior (3 units)

PSYC 356: Human Sexuality (3 units)

PSYC 370: Human Development: A Life Span (3 units)

PSYC 372: Child Development (3 units)

or ECE 312: Child Development (3 units)

PSYC 368 or SWHS 331 Cross Cultural Psychology (3 units)

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