

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
CHEM 400 General Chemistry I	5	CHEM 300, CHEM 305 or CHEM 310 AND MATH 120	F, S	
HEED 300 Health Science	3		F, S	
ENGL C1000 Z Academic Reading and Writing or	3		F, S	
ENGL C1000H Academic Reading and Writing - Honors	3		F, S	
Arts	3		F, S	

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

17-18 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 400 Principles of Biology or	5	CHEM 400	F, S	
BIOL 310 Z General Biology or	4		F, S	
BIOL 307 Biology of Organisms	4		F, S	

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

- See [General Education requirements](#) for: CSU or UC for the previous 2024-25 academic year.
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.

Zero Textbook Costs (ZTC):

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
HEED 302 Introduction to Public Health	3		F, S	
STAT C1000 Z Introduction to Statistics	4		F, S	
Humanities	3		F, S	
Arts or Humanities	3		F, S	

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*An additional unit is needed to reach 60 units if Biol 307 or 310 is selected.

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 430 Anatomy and Physiology	5	CHEM 305	F, S	
PSYC C1000 Z Introduction to Psychology	3		F, S	
US History/American Ideals	3		F, S	
Critical Thinking	3		F, S	

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Semester 4

15-14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
BIOL 431 Anatomy and Physiology	5	BIOL 430	F, S	

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SOC 300 Z Introductory Sociology or	3		F, S	
ECON 304 Z Principles of Microeconomics or	3		F, S	
ECON 302 Z Principles of Macroeconomics or	3		F, S	
PSYC 356 Human Sexuality	3		F, S	
Ethnic Studies	3		F, S	
Oral Communication	3		F, S	
Transferable Elective*	1-0			

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