



Social Work/Human Services, General A.A. Degree - Fall 2025

Catalog Rights

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS 300 ^Z Introduction to Social Work & Human Services	3		F, S	
SWHS 302 ^Z Introduction to Psychology of Human Relations	3		F, S	L7B
ENGL C1000 ^Z Academic Reading and Writing or ENGL C1000H Academic Reading and Writing - Honors	3 3		F, S	L1A L1A
Arts & Humanities ^Z	3		F, S	L3
SWHS 350 Ethical Issues in Social Work/Human Services	3		F	

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15-16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS 331 Cross Cultural Psychology or PSYC 368 Cross Cultural Psychology	3 3		F, S F, S	
SWHS Elective: See List Below Semester 4	3		F, S	
PSYC 330 ^Z Introductory Statistics for the Behavioral Sciences or STAT C1000 ^Z Introduction to Statistics	3 4		F, S F, S	L2 L2

General Education Notes:

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways. For the previous academic year see [General Education requirements](#).

- FLC 2025-2026 [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

Program Notes:

Please note that SWHS 350 is only scheduled in the Fall term, and SWHS 360 & 366 are only scheduled in the Spring term.

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Degree Applicable Elective	3		F, S	
PSYC C1000 ^Z Introduction to Psychology	3		F, S	L4

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Second Year

Semester 3

15-16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SWHS Elective: See List Below Semester 4	3		F, S	
ANTH 300 ^Z Biological Anthropology or	3		F, S	L5
BIOL 300 ^Z The Foundations of Biology or	3		F, S	L5
BIOL 310 ^Z General Biology	4		F, S	L5
Ethnic Studies	3		F, S	L6
SWHS Elective: See List Below Semester 4	3		F, S	
Degree Applicable Elective	3		F, S	

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Semester 4

15-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Oral Communication and Critical Thinking ^Z	3		F, S	L1B
Living Skills: Physical Education Activity ^Z	1		F, S	L7A
SWHS 360 Techniques for Interviewing and Case Management Services	3	SWHS 302	S	
SWHS 366 Practices in Human Services	3	SWHS 300	Spring Only	
Degree Applicable Elective	5-3		F, S	

Program Description: The A.A. degree program in Social Work/Human Services prepares students for employment in paraprofessional positions in human service settings and prepares students for transfer to 4-year colleges or universities to continue their education toward advanced degrees and potential licensure in Social Work or related fields. Coursework focuses on skill development around core competencies for basic practice, including: interpersonal communication, case

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

SWHS Elective List:

ADMJ 300 Introduction to Administration of Justice (3)
ANTH 310 Cultural Anthropology (3)
ECE 312 Child Development (3)
ECE 314 The Child, the Family and the Community (3)
ENGWR 302 Advanced Composition and Critical Thinking (3)
HIST 331 Women in American History (3)
PHIL 310 Introduction to Ethics (3)
PSYC 312 Biological Psychology (4)
PSYC 320 Social Psychology (3)
PSYC 340 Abnormal Behavior (3)
PSYC 356 Human Sexuality (3)
PSYC 370 Human Development: A Life Span (3)
SJS 300 Introduction to Social Justice Studies (3)
SOC 300 Introductory Sociology (3)
SOC 301 Social Problems (3)
SOC 321 Race, Ethnicity and Inequality in the United States (3)
SOC 341 Sex and Gender in the U.S. (3)
SOC 379 Making Social Change (3)
SWHS 340 Introduction to Chemical Dependency (3)
SWHS 365 Techniques of Group Counseling (3)
SWHS 367 Advanced Practices in Human Services (3)
SWHS 494 Topics in Human Services (0.5 - 4)
SWHS 498 Work Experience in Human Services (0.5 - 4)

Catalog Year: 2025-2026

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