

This program roadmap represents one possible pathway to complete the program. *Please see a counselor* to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS ^A	SEMESTERS OFFERED*	GE AREA
ENGL C1000 ^Z Academic Reading and Writing or	3		F, S	
ENGL C1000H Academic Reading and Writing - Honors	3		F, S	
PSYC C1000 ^Z Introduction to Psychology	3		F, S	
SWHS 300 ^Z Introduction to Social Work & Human Services	3		F, S	
Lifelong Learning	3		F, S	
Arts	3		F, S	

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15-16 Units

COURSE	UNITS	PRE-REQS ^A	SEMESTERS OFFERED*	GE AREA
STAT C1000 ^Z Introduction to Statistics or	4		F, S	
PSYC 330 ^Z Introductory Statistics for the Behavioral Sciences	3		F, S	
SOC 300 ^Z Introductory Sociology	3		F, S	
ENGL C1001 Critical Thinking and Writing or	3	ENGWR 300	F, S	
ENGL C1001H Critical Thinking and Writing - Honors	3			
Humanities	3		F, S	
Major Elective (See List Below)	3		F, S	

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

- See [General Education requirements](#) for: CSU or UC for the previous 2024-25 academic year.
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.

Be sure to identify any pre-major course requirements at the school where you plan to transfer.

See [Sac State BSW pre-major courses](#)

Note that pre-major courses at Sac State require a grade of "B" or higher.

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*pre-requisite no longer required for SWHS 366

[Directory](#) of accredited Bachelor in Social Work (BSW) programs

Second Year

Semester 3

15-16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
BIOL 300 Z The Foundations of Biology or	3		F, S	
BIOL 307 Biology of Organisms or	4		F, S	
BIOL 310 Z General Biology or	4		F, S	
ANTH 300 Z Biological Anthropology	3			
Oral Communication	3		F, S	
US History/American Ideals	3		F, S	
Ethnic Studies	3		F, S	
Arts or Humanities	3		F, S	

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Semester 4

15-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
ECON 302 Z Principles of Macroeconomics or	3		F, S	
ECON 304 Z Principles of Microeconomics	3		F, S	
Physical Science	3		F, S	
Science Lab*	1		F, S	
US History/ American Ideals	3		F, S	
Transferable Elective**	2-0			
SWHS 366 Practices in Human Services	3	SWHS 300	Spring Only	

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

*Science lab not needed if Biol 307 or 310 are chosen from semester 3.

** For transferable elective, US History/ American Ideals course is recommended.

Major Elective List: A minimum of 6 units from the following:

- ADMJ 300:Introduction to Administration of Justice (3 units)
- ADMJ 320:Concepts of Criminal Law (3 units)
- ANTH 310:Cultural Anthropology (3 units)
- COMM 325:Intercultural Communication (3 units)
- ECE 314:The Child, the Family and the Community (3 units)
- PSYC 340:Abnormal Behavior (3 units)
- PSYC 370:Human Development: A Life Span (3 units)
- PSYC 372:Child Development (3 units)
- SOC 301:Social Problems (3 units)
- SOC 321:Race, Ethnicity and Inequality in the United States (3 units)

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