

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60-61

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
SJS 300 Introduction to Social Justice Studies	3		F, S	
ENGL C1000 Z Academic Reading and Writing or	3		F, S	
ENGL C1000H Academic Reading and Writing - Honors	3		F, S	
Arts	3		F, S	
HCD 310 Z College Success	3		F, S	
ETHNS 300 Z Introduction to Ethnic Studies	3		F, S	

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 330 Z Introductory Statistics for the Behavioral Sciences or	3		F, S	

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

- See [General Education requirements](#) for: CSU or UC for the previous 2024-25 academic year.
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.

Zero Textbook Costs (ZTC):

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
STAT C1000 Z Introduction to Statistics	4		F, S	
SOC 321 Z Race, Ethnicity and Inequality in the United States	3		F, S	
COMM C1000 Z Introduction to Public Speaking	3		F, S	
Humanities	3		F, S	
Life Science	3		F, S	

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The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
SOC 341 Sex and Gender in the U.S.	3		F, S	
US History/American Ideals	3		F, S	
Critical Thinking	3		F, S	
Arts or Humanities	3			
Major Elective (See List Below)	3			

Semester 4

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Transferable Elective	0		F, S	
Physical Science	3		F, S	
Science Lab	1		F, S	
Transferable Electives	3		F, S	

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Major Elective (See List Below)	3		F, S	
Major Elective (See List Below)	3		F, S	
Transferable Elective	2		F, S	

Major Elective List: A minimum of 9 units from the following:

Select 3 courses from at least two of the following areas:

Area 1 - History or Government:

- HIST 331: Women in American History (3 units)
- HIST 344: Survey of California History: A Multicultural Perspective (3 units)

Area 2 - Arts and Humanities

- ARTH 312: Women in Art (3 units)
- ARTH 328: Survey of African Art (3 units)
- ARTH 330: Survey of African-American Art (3 units)
- ENGLT 330: African American Literature (3 units)
- ENGLT 360: Women in Literature (3 units)
- HUM 320: Asian Humanities (3 units)
- HUM 325: Arts and Humanities of the Islamic World (3 units)
- HUM 370: Women and the Creative Imagination (3 units)
- MUFHL 330: World Music (3 units)
- TA 304: Women in Theatre (3 units)

Area 3 - Social Science:

- COMM 325: Intercultural Communication (3 units)
- PSYC 356: Human Sexuality (3 units)
- PSYC 368: Cross Cultural Psychology (3 units)
- SOC 341: Sex and Gender in the U.S. (3 units)
- SOC 379: Making Social Change (3 units)
- SWHS 331: Cross Cultural Psychology (3 units)