

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510.

Total Units: 60

First Year

Semester 1

15-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
NUTRI 300 ^Z Nutrition	3		F, S	
PSYC C1000 ^Z Introduction to Psychology	3		F, S	4
ENGL C1000 ^Z Academic Reading and Writing or	3		F, S	1A
ENGL C1000H Academic Reading and Writing - Honors	3		F, S	1A
Oral Communication ^Z	3		F, S	1C
PSYC 330 ^Z Introductory Statistics for the Behavioral Sciences or	3		F, S	2
STAT C1000 ^Z Introduction to Statistics	4		F, S	2

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

17 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
CHEM 400 ¹ General Chemistry I	5	See Note Below	F, S	5A/5C
Nutrition Elective List B (See Below) ²	3		F, S	
Arts	3		F, S	3A
HIST 310 ^Z History of the United States (To 1877) or	3		F, S	4
HIST 311 ^Z History of the United States (1865 - Present) or	3		F, S	4
HIST 331 Women in American History	3		F, S	4

Notes

- See [General Education requirements](#) for: CSU or UC
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

Zero Textbook Costs (ZTC):

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Ethnic Studies ^Z	3		F, S	6

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¹ Chem 400 pre-requisites are intermediate algebra; and a college-level Chemistry course with a lab with a "C" or better or one year in high school Chemistry with a lab with a grade of "C" or better.

² A minimum of 3 units from the following: List B - Select one course from the following

ACCT 301 Financial Accounting (4)

ANTH 310 Cultural Anthropology (3)

BUS 340 Business Law (3)

COMM 311 Argumentation and Debate (3)

ECE 312 Child Development (3)

ECE 314 The Child, the Family and the Community (3)

ECON 302 Principles of Macroeconomics (3) (UC Davis Program Requirement)

ECON 304 Principles of Microeconomics (3)

NUTRI 310 Cultural Foods of the World (3)

NUTRI 330 Food Theory and Preparation (4)

SOC 300 Introductory Sociology (3)

HEED 300 Health Science (3)

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

14 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
CHEM 401 General Chemistry II or	5	CHEM 400	F, S	
BIOL 430 Anatomy and Physiology	5	Chem 305 or Chem 400	F, S	
Humanities ^Z	3		F, S	3B
Critical Thinking and Composition ^Z	3	Engl C1000 or C1000H	F, S	1B
POLS C1000 ^Z American Government and Politics	3		F, S	

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Semester 4

14-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
BIOL 440 Z General Microbiology or	4		F, S	5B
BIOL 442 General Microbiology and Public Health	5		F, S	5B
Biol 300 (CSUS Requirement) or	3		F, S	
Transferable Elective	3			
Nutri 330 (CSUS Requirement) or	3		F, S	
Transferable Elective	3			
Transferable Elective	4-2		F, S	

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