

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510.

Total Units: 60

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
PSYC C1000 ^Z Introduction to Psychology	3		F, S	4
ENGL C1000 ^Z Academic Reading and Writing or ENGL C1000H Academic Reading and Writing - Honors	3		F, S	1A
Arts	3		F, S	3A
Humanities ^Z	3		F, S	3B
Transferable Elective	3		F, S	

^Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the [ZTC page of the college website](#).

Semester 2

15 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
PSYC 330 ^Z Introductory Statistics for the Behavioral Sciences	3		F, S	2
PSYC 370 ^Z Human Development: A Life Span or PSYC 320 ^Z Social Psychology	3		F, S	
Critical Thinking and Composition ^Z	3	Engl C1000 or C1000H	F, S	1B
HIST 310 ^Z History of the United States (To 1877) or HIST 311 ^Z History of the United States (1865 - Present) or HIST 331 Women in American History	3		F, S	4

Notes

- See [General Education requirements](#) for: CSU or UC
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.
- PSYC 368 satisfies the CSU, Sacramento Race and Ethnicity Requirement
- PSYC 370 is required for CSU, Sacramento
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Oral Communication ^Z	3		F, S	1C

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accepted at the transfer institution of your choice.

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
PSYC 312 ^Z Biological Psychology	4	PSYC C1000	F, S	5B/5C
POLS C1000 ^Z American Government and Politics	3		F, S	
Ethnic Studies ^Z	3		F, S	6
Transferable Elective	3		F, S	
Psychology Elective (See List Below) ¹	3		F, S	

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¹Psychology Elective : A minimum of 3 units from the following

Select one course from the following,

PSYC 340 Abnormal Behavior (3)

PSYC 356 Human Sexuality (3)

PSYC 368 Cross Cultural Psychology (3)

PSYC 372 Child Development (3)

PSYC 390 Psychology of Death and Dying (3)

PSYC 320 Social Psychology (3) --Option if course has not already been taken

PSYC 370 Human Development (3) --Option if course has not already been taken

Semester 4

14 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
PSYC 335 Research Methods in Psychology	3	PSYC C1000 AND PSYC 330	F, S	
Physical Science ^Z	3		F, S	5A

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Transferable Elective	3		F, S	
Transferable Elective	3		F, S	
Transferable Elective	2		F, S	

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