Nutrition and Foods A.S. Degree - CalGETC

CRC Department of Nutrition and Foods offers an Associate's degree program that is challenging, accessible, and rewarding. The program provides opportunities to master the knowledge and skills required for transfer to a didactic program in dietetics or a four-year degree in nutrition and foods.

Total Units: 61

First Year

Semester 1

14 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
NUTRI 300 Z Nutrition	3		F(O), S(O), Su(O)	
CAM 306 Z Culinary Sanitation & Safety	2		F, S	
NUTRI 310 Z Cultural Foods of the World	3	Advisory: LIBR 318	F(O), S(O) only online	Cal-GETC Area 4
CalGETC 1A-English Composition Z	3	Recommend meeting with a counselor	F, S, Su	Cal-GETC Area 1A
CalGETC 2-Math & Quantitative Reasoning Z	3	Recommend meeting with a counselor	F, S, Su	Cal-GETC Area 2

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the ZTC page of the college website.

Semester 2

17 Units

Career Options/Outlook:

Plan and conduct food service or nutritional programs to assist in the promotion of health and control of the disease. Monitor food service operations to ensure conformance to nutritional, safety, sanitation, and quality standards. With a minimum of a BS degree, can assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary care plans and provide nutritional counseling. Consult with physicians and health care personnel to determine patients' or clients' nutritional needs and diet restrictions. **Career opportunities require more than an associate degree.**

A sample of reported job titles:

Clinical Dietician, Clinical Dietitian, Correctional Food Service Supervisor, Dietary Manager, Dietitian, Nutritionist, Outpatient Dietitian, Pediatric Clinical Dietician, Registered Dietician, Registered Dietitian

Projected job openings in California (2020-2030):

730

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
NUTRI 350 Z Community Nutrition	3	NUTRI 300; Advisory: NUTRI 340	S(O) only online	
PSYC C1000 Z General Principles	3	Advisory: ENGL C1000, ENGL C1000H, or ESLW 340; and LIBR 318	F, S, Su	Cal-GETC Area 4
CHEM 305 Z Introduction to Chemistry **or**	5	Elementary Algebra or higher	F, S, Su	Cal-GETC Area 5A & 5C
CHEM 400 Z General Chemistry I	5	Intermediate Algebra or higher or eligibility for transfer-level mathematics AND CHEM 300 or CHEM 305 or CHEM 309, OR one year of high school chemistry with lab	F, S, Su	Cal-GETC Area 5A & 5C
CalGETC 6-Ethnic Studies Z	3		F, S, Su	Cal-GETC Area 6
CalGETC 1B-Critical Thinking Z	3		F, S, Su	Cal-GETC Area 1B

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Second Year

Semester 3

16 Units

Projected growth in California (2020-2030):

16% growth

Median Salary in California with advanced degree (2021):

$79,340/yr

Source:

https://www.onetonline.org/link/summary/29-1031.00

Related Certificates:

NUTRI 300, 310, 322, 350, and CAM 301 are required for the **Certificate of Proficiency in Community Nutrition**.

NUTRI 303 and 331, and HORT 313 are required for the **Certificate of Proficiency in Plant-Based Nutrition & Sustainable Agriculture**.

Transfer Notes:

Please meet with a counselor for specific transfer course evaluation or transferring to a specific 4-year institution.

General Education (GE):

Non-specified GE courses identified by CRC or Cal-GETC Area without pre- or co-requisites can be taken at any semester.

Honors Option:

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
NUTRI 370 Z Food Service Management	3		F	
NUTRI 322 Z Nutrition Issues Throughout Life	3		F	
BIOL 308 Z Contemporary Biology	3	Advisory: ESLR 320 and ESLW 310, OR ESL 325; OR eligibility for ENGRD 310 AND ENGWR 101	F, S, Su	Cal-GETC Area 5B
BIOL 309 Z Contemporary Biology Laboratory	1	Co-req: BIOL 308; BIOL 308 may be taken during a previous semester. Advisory: Eligibility for ENGL C1000 or completion of ESL 130.	F, S, Su	Cal-GETC Area 5C
CalGETC 1C-Oral Communication & Critical Thinking Z	3		F, S, Su	Cal-GETC Area 1C
CalGETC 3A-Arts Z	3		F, S, Su	Cal-GETC Area 3A

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Semester 4

14 Units

The CRC Honors Program is designed specifically for academically accomplished students and for students with the potential for high achievement. Students who complete 15 units or more in honors-designated courses will earn special recognition as an Honors Scholar, a distinction that may entitle the student to guaranteed transfer and scholarship opportunities at select transfer colleges and universities.

About this program map:

This program map represents one possible pathway to complete the program. Please see a counselor to create an education plan customized to meet your needs. This map is not a guarantee of course availability or financial aid applicability.

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the Zero Textbook Costs page of the college website.

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
NUTRI 331 Z Plant-Based Food Principles and Preparation	3		S	
NUTRI 340 Z Nutrition and Metabolism	3	NUTRI 300; Advisory: LIBR 318, BIOL 102, BIOL 308 & 309, CHEM 307	S	
BIOL 430 Z Anatomy and Physiology	5	CHEM 305, 309, or 400	F, S, Su	Cal-GETC Area 5B & 5C
CalGETC 3B-Humanities Z	3		F, S, Su	Cal-GETC Area 3B

Z At least one section of this course is offered with free textbooks and is labeled as zero textbook costs (ZTC). If it is a GE area class or elective, there may be several ZTC offerings to fulfill the GE requirement. Use the Free Textbook filter to find these courses. Learn more on the ZTC page of the college website.

^You must have passed the prerequisite course(s) with a “C” or better; Corequisite must be taken during the same semester; Advisory means it is recommended but not required to enroll in the course.

*(O) = online available (P) = partially online

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Published May 17, 2025