



Psychology AA-T Degree

Associate Degree for Transfer (ADT) - A Degree with a guarantee: This program map represents one possible path for completing this program. **Please see a counselor** to create an education plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

GE Pattern: Cal-GETC

Total Units: 60-62

First Year

Semester 1

15-16 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
Maj	PSYC C1000 / 480 ^H	Introduction to Psychology	3	Cal-GETC Area 4
GE		Arts	3	Cal-GETC Area 3A
GE	ENGL C1000* / ENGWR 488 ^H / ESLW 340	Academic Reading and Writing	3-4	Cal-GETC Area 1A
Elec	INDIS 313**	Freshman Seminar	3	
Elec		***Elective	3	

*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGWR 80/ENGL C1000 combo course.

****INDIS 313 - Freshman Seminar is specifically designed for First Time in College students. This course is an advised required elective. If you're not a First Time in College student, this course can be any elective course numbered 300-499.**

***Electives may include any courses numbered 300-499.

Semester 2

15-16 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
ME		*Major Elective	3	
GE		Critical Thinking and Composition	3	Cal-GETC Area 1B
ME	PSYC 330** / STAT C1000 / C1000H	Introductory Statistics for the Behavioral Sciences	3-4	Cal-GETC Area 2
GE		Oral Communication	3	Cal-GETC Area 1C
GE		Humanities	3	Cal-GETC Area 3B

*Major Elective - A minimum of 3 units from the following: PSYC 314, PSYC 315, PSYC 316, PSYC 320, PSYC 340+, PSYC 356, PSYC 358, PSYC 360, PSYC 364, PSYC 367, PSYC 370/EDUC 300, PSYC 374/GERON 302, PSYC 390, PSYC 405/ADMJ 303

+ **Prerequisite for PSYC 340:** PSYC C1000 with grade of "C" or better

Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

PLEASE SEE AN SCC COUNSELOR.

ADT Requirements

Transfer degrees require the following:

1. Complete all required courses for a major with a grade of "C" or better.
2. Complete 60 CSU-transferable units. A minimum of 12 units must be completed within the Los Rios Community College District.
3. Completion of the California General Education Transfer Curriculum (Cal-GETC). Areas 1 through 6 completed with a grade of "C" or better.

Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

Counselor Notes

- All AA-Ts and AS-Ts are designed to transfer to CSUs in most majors. **Students who wish to transfer to a UC are strongly encouraged to meet with a counselor to**

****If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/PSYC 330 or STAT 10/STAT C1000 combo course. STAT 10/PSYC 330 combo course is only offered during the Spring term. **PSYC 330 is the recommended statistics course for students transferring to CSU Sacramento.****

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
Maj	PSYC 335 ⁺	Research Methods in Psychology	3	
Maj	PSYC 310 ⁺	Biological Psychology	3	Cal-GETC Area 5B
GE		**Social and Behavioral Sciences	3	Cal-GETC Area 4
Elec		***Elective	3	
Elec		***Elective	3	

+ Prerequisite for PSYC 335: PSYC C1000, and either PSYC 330 or STAT C1000, with grades of "C" or better

+ Prerequisite for PSYC 310: PSYC C1000 with grade of "C" or better

*PSYC 311 optional lab course

****This course must be a Cal-GETC Area 4 course from a discipline other than PSYC.**

*****Electives may include any courses numbered 300-499.**

Semester 4

15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
ME		*Major Elective	3	
GE		Physical Science	3	Cal-GETC Area 5A
GE		**Associate Lab Component	1	Cal-GETC Area 5C
GE		Ethnic Studies	3	Cal-GETC Area 6
Elec		***Elective	3	
Elec		***Elective	2	

*Major Elective - A minimum of 3 units from the following: PSYC 316, PSYC 320 or PSYC 370/EDUC 300. A class used to fulfill the previous major elective cannot also be used to meet this requirement. **PSYC 370 is recommended for students transferring to CSU Sacramento.**

determine additional major requirements.

- Math – you may have other options for transfer level math; check with your counselor.
- **Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their counselor to learn more about how test scores may be used for credit.**

Department Faculty Note

Faculty strongly recommend that students transferring to CSU Sacramento take PSYC 330 instead of STAT C1000 for their Statistics requirement. All Psychology majors who have a STAT C1000 placement on eServices are eligible to take PSYC 330 instead of STAT C1000. Faculty also suggest that students transferring to CSU Sacramento take PSYC 370 as a major elective. Students transferring to other universities should consult with a counselor to determine which Statistics and major elective courses to take.

Important Links

[Counseling Department](#)
[Psychology Department](#)
[People and Society Meta Majors](#)

****Cal-GETC Area 5C will not be required if a laboratory activity is included in 5A or PSYC 311 is completed in the previous semester.**

*****Electives may include any courses numbered 300-499.**

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