



# Pre-Health Occupations A.S. Degree

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**Total Units:** 60-64.5

## First Year

### Semester 1

13.5-15 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	AH 311	Medical Language for Health-Care Providers	3	
GE	STAT C1000* / C1000H	Introduction to Statistics	4	L2
Maj	PSYC C1000 / 480 <sup>H</sup>	Introduction to Psychology	3	L4
Elec	INDIS 313**	Freshman Seminar	3	
ME	AH 108 / DAST 100 / DHYG 100 / OTA 100 / PTA 100	Introduction to Health Occupations	0.5-2	

\*If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

**\*\*INDIS 313 - Freshman Seminar is specifically designed for First Time in College students. This course is a non-required elective. If you're not a First Time in College student and/or you only would like to take required courses, you do not need to take this course.**

### Semester 2

14-15 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
ME	CHEM 305 <sup>+</sup> / 309 <sup>+</sup>	Introduction to Chemistry	5	L5
Maj	EDUC 300 / PSYC 370	Human Development: A Life Span	3	
GE	ENGL C1000** / ENGWR 488 <sup>H</sup> / ESLW 340	Academic Reading and Writing	3-4	L1A
Maj	NUTRI 300 / 480 <sup>H</sup>	Nutrition	3	

**+Prerequisite for CHEM 305 & 309:** Elementary Algebra or equivalent (Integrated Math 1) with a grade of "C-" or better.

\*Major Elective: (CHEM 305 & 306) **OR** CHEM 309

\*\*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGWR 80/ENGL C1000 combo course.

### Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

### Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

**PLEASE SEE AN SCC COUNSELOR.**

### AA/AS Requirements

Associate Degrees require the following:

1. Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed within the Los Rios Community College District.
2. Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.
3. Completion of Sacramento City College's local AA/AS degree general education requirements – Area L1A and L1B; Area L2; Area L3; Area L4; Area L5; and Area L6 – with an overall 2.0 GPA. Students also have an option of completing the California General Education Transfer Curriculum (Cal-GET C) instead of the local general education pattern.

Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.

## Second Year

### Semester 3

15-17 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
ME	BIOL 430 <sup>+</sup> / 100	Anatomy and Physiology	3-5	
ME	AH 301 / ANTH 310 / 481 <sup>H</sup> / SOC 300 / 321 / 482 <sup>H</sup>	Health Care in a Multicultural Society	3	
GE		Arts and Humanities	3	L3
ME	COMM C1000 / 331	Introduction to Public Speaking	3	L1B
GE		Ethnic Studies	3	L6

**+Prerequisite for BIOL 430:** Completion of CHEM 305, 309 or 400 with a grade of "C" or better

\*Majore Elective: (BIOL 430 & 431) **OR** BIOL 100

\*\*Electives may include any courses numbered 100-499. Students who choose to take BIOL 100 and/or CHEM 309 for the major may need up to an additional 3 to 4 elective units. **Please see a counselor to verify how many elective units are needed.**

### Semester 4

17.5 Units

CAT.	COURSE	TITLE	UNIT	AA/AS GE
Maj	BIOL 431 <sup>+</sup>	Anatomy and Physiology	5	
Maj	CHEM 306 <sup>++</sup>	Introduction to Organic and Biological Chemistry	5	
Maj	BIOL 440 <sup>+</sup>	General Microbiology	4	
Elec		***Elective	3.5	

**\*BIOL 431 is only required if you chose to complete BIOL 430 in the previous semester. If you completed BIOL 100 in a previous semester, choose any elective course numbered 100-499.**

**+Prerequisite for BIOL 431:** Completion of CHEM 305, 309 or 400 and BIOL 430 with grades of "C" or better

**\*\*CHEM 306 is only required if you chose to complete CHEM 305 in a previous semester. If you completed CHEM 309 in a previous semester, choose any elective course numbered 100-499.**

**+Prerequisite for CHEM 306:** Completion of CHEM 305 with a grade of "C" or better

**+Prerequisite for BIOL 440:** Completion of CHEM 305, 309 or 400 with a grade of "C" or better

**Exception: Students who possess a bachelor's (BA/BS) or higher degree from a college or university accredited through a regional accrediting agency recognized by the Council for Higher Education Accreditation (CHEA) are deemed to have satisfied both the general education and graduation competency requirements for an AA/AS degree. Degrees from accredited institutions outside of the US will be evaluated on a case-by-case basis.**

### Placement Information

**Check your eServices account under "Academic Records" to determine your Math and English placements.**

### Department Notes

Northern CA Nursing Programs - CHEM 305

Southern CA Nursing Programs - CHEM 309

### A.S. in Nutrition - CSU Path

Pre- Nursing Students are eligible to apply for an Associate Degree in Nutrition by completing the following major courses and required general education. See above for details.

- CHEM 305, 309 or 400
- NUTRI 300
- STAT 300
- PSYC 300
- BIOL 440

### Important Links

[SCC General Counseling](#)  
[Nursing Department](#)  
[Nutrition Department](#)  
[Health & Health Profession Meta Majors](#)

\*\*\*Electives may include any courses numbered 100-499.

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