



Occupational Therapy Assistant A.S. Degree - (OTA)

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2025-26

Total Units: 78-82

First Year

Semester 1

13-14 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	AH 106	Communication for Allied Health Careers	2	
PreReq	AH 311	Medical Language for Health-Care Providers	3	
PreReq	LIBR 307	Medical Information Resources	1	
PreReq	OTA 100	Introduction to Occupational Therapy	1	
GE	ENGL C1000 [*] / ENGWR 488 ^H / ESLW 340	Academic Reading & Writing	3-4	SCC Local Area L1A
PreReq	ETHNS 300	Introduction to Ethnic Studies	3	SCC Local Area L6

*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGWR 80/ENGL C1000 combo course.

Semester 2

12-15 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	NUTRI 300 / 480 ^H	Nutrition	3	SCC Local Area L5
PreReq	PSYC 370 / EDUC 300	Human Development: A Life Span	3	
PreReq	BIOL 100 [*] / 430 ⁺	Introduction to Concepts of Human Anatomy and Physiology	3-5	
GE		Mathematical Concepts & Quantitative Reasoning	3-4	SCC Local Area L2

*BIOL 100 (1 semester) OR BIOL 430 & BIOL 431 (2 semesters after completing CHEM 305) - **BIOL 100 is the recommended course by the department.**

+Prerequisite for BIOL 430: Completion of CHEM 305, 309 or 400 with a grade of "C" or better

Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

THIS MAP IS CREATED BASED ON CATALOG REQUIREMENTS AND PROGRAM ELIGIBILITY. MANY OF THE REQUIREMENTS TO ENTER THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM HAVE PREREQUISITES AND MAY TAKE LONGER TO COMPLETE THAN THE SEQUENCE OF THIS MAP. STUDENTS USING FINANCIAL AID MUST CLAIM PRE-HEALTH OCCUPATIONS AS THEIR MAJOR UNTIL ACCEPTED INTO THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM. PLEASE SEE AN SCC COUNSELOR.

AA/AS Requirements

Associate Degrees require the following:

1. Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed within the Los Rios Community College District.
2. Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.
3. Completion of Sacramento City College's local AA/AS degree general education requirements â€" Area L1A and

**If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

Second Year

Semester 3 (Fall)

14 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	BIOL 431 ⁺ [^]	Anatomy and Physiology	5	
GE		Arts & Humanities	3	SCC Local Area L3
GE		Oral Communication & Critical Thinking	3	SCC Local Area L1B
PreReq	PSYC C1000 / 480 ^H	General Principles	3	SCC Local Area L4

+Prerequisite for BIOL 431: Completion of CHEM 305, 309 or 400 and BIOL 430 with grades of "C" or better

^BIOL 431 is only required for students who chose to complete BIOL 430 in a previous semester. Students who completed BIOL 100 in a previous semester do not need to take this course.

Semester 4 (Spring)

10 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 123	Fundamentals of Clinical Documentation	1.5	
Maj	OTA 131 [^]	Occupational Therapy Theory and Process in Psychosocial Dysfunction	5	
Maj	OTA 132 [^] / 122 ⁺	Major Elective	1	
Maj	OTA 150	Occupational Therapy Process and Practice in Developmental Disabilities and Pediatric Conditions	2.5	

^Corequisite for OTA 131: OTA 132

^Corequisite for OTA 132: OTA 131

+Prerequisite for OTA 122: AH 106 with a grade of "C" or better

Summer Session

4.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 110 ⁺ [^]	Functional Biomechanics for the OTA	3	
Maj	OTA 111 ⁺ [^]	Functional Biomechanics Lab for the OTA	1	
Maj	OTA 152 ⁺	Introduction to Clinical Practice in Pediatric Conditions	0.5	

+Prerequisite for OTA 110 and OTA 111: OTA 150 and 152 with grades of "C" or better

^Corequisite for OTA 110: OTA 111

^Corequisite for OTA 111: OTA 110

+Prerequisite for OTA 152: OTA 150 with a grade of "C" or better

L1B; Area L2; Area L3; Area L4; Area L5; and Area L6 " with an overall 2.0 GPA. Students also have an option of completing the California General Education Transfer Curriculum (Cal-GET C), instead of the local general education pattern.

Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.

Exception: Students who possess a bachelor's (BA/BS) or higher degree from a college or university accredited through a regional accrediting agency recognized by the Council for Higher Education Accreditation (CHEA) are deemed to have satisfied both the general education and graduation competency requirements for an AA/AS degree. Degrees from accredited institutions outside of the US will be evaluated on a case-by-case basis.

Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

Department Note

Students are eligible to apply for the OTA program after completing all prerequisite and general education courses (after Semester 3). There may be a waiting period between applying for the program and enrolling in Semester 4.

Important Links

[SCC General Counseling](#)
[Occupational Therapy Assisting](#)
[Health & Health Profession Meta Majors](#)

Third Year

Semester 5 (Fall)

8 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 140 ⁺ ^	Theoretical Foundations of Physical Dysfunction	3	
Maj	OTA 141 ⁺	Occupational Therapy Process in Physical Dysfunction	4	
Maj	OTA 142 ⁺ / 122 ⁺	Major Elective	1	

+Prerequisite for OTA 140, OTA 141 and OTA 142: OTA 110 and 111 with grades of "C" or better

^Corequisite for OTA 140: OTA 141 and 142

^Corequisite for OTA 141: OTA 140 and 142

^Corequisite for OTA 142: OTA 140 and 141

+Prerequisite for OTA 122: AH 106 with a grade of "C" or better

Semester 6 (Spring)

9 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 120 ⁺	Fundamentals of Occupational Therapy Assistant Practice	2.5	
Maj	OTA 160 ⁺ ^	Fieldwork Level II First Rotation for the Occupational Therapy Assistant	6	
Maj	OTA 162 ⁺	Practice Skills for First Rotation OTA Level II Fieldwork	0.5	

+Prerequisite for OTA 120: OTA 123 and LIBR 307 with grades of "C" or better

+Prerequisite for OTA 160: OTA 131 and 132 with grades of "C" or better

^Corequisite for OTA 160: OTA 162

^Corequisite for OTA 162: OTA 160

Summer Session

1 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 121 ⁺	Contemporary Models of Practice in Occupational Therapy	1	

+Prerequisite for OTA 121: OTA 120 with a grade of "C" or better

Fourth Year

Semester 7 (Fall)

6.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 161 ⁺ ^	Fieldwork Level II Second Rotation for the Occupational Therapy Assistant	6	

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 163 ^	Practice Skills for Second Rotation OTA Level II Fieldwork	0.5	

+Prerequisite for OTA 161: OTA 121, 141, and 142 with grades of "C" or better

^Corequisite for OTA 161: OTA 163

^Corequisite for OTA 163: OTA 161