



# Occupational Therapy Assistant A.S. Degree - (OTA)

## Cal-GETC GE

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2025-26

**Total Units:** 92-93

## First Year

### Semester 1

**15-16 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	AH 106	Communication for Allied Health Careers	2	
PreReq	AH 311	Medical Language for Health-Care Providers	3	
PreReq	LIBR 307	Medical Information Resources	1	
PreReq	OTA 100	Introduction to Occupational Therapy	1	
GE	ENGL C1000 <sup>*</sup> / ENGWR 488 <sup>H</sup> / ESLW 340	Academic Reading & Writing	3-4	Cal-GETC Area 1A
PreReq	CHEM 305 <sup>+</sup> / 309 <sup>+</sup> / 400 <sup>+</sup>	Introduction to Chemistry	5	Cal-GETC Area 5A/Cal-GET

\*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGWR 80/ENGL C1000 combo course.

**+Prerequisite for CHEM 305 & CHEM 309:** Elementary Algebra or equivalent (Integrated Math 1) with a grade of "C-" or better

**^Corequisite for CHEM 305:** Students who have not passed Elementary Algebra or the equivalent must enroll in MATHS 10.

**+Prerequisite for CHEM 400:** CHEM 300 with a grade of "C" or better completed within one year prior to enrollment in CHEM 400 or placement through the assessment process (ACS California Chemistry Diagnostic Exam) completed within one year prior to enrollment in CHEM 400 AND Intermediate Algebra or equivalent (Integrated Math 3) with a grade of "C-" or better

### Semester 2

**15 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	NUTRI 300 / 480 <sup>H</sup>	Nutrition	3	

### Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

### Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

**THIS MAP IS CREATED BASED ON CATALOG REQUIREMENTS AND PROGRAM ELIGIBILITY. MANY OF THE REQUIREMENTS TO ENTER THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM HAVE PREREQUISITES AND MAY TAKE LONGER TO COMPLETE THAN THE SEQUENCE OF THIS MAP. STUDENTS USING FINANCIAL AID MUST CLAIM PRE-HEALTH OCCUPATIONS AS THEIR MAJOR UNTIL ACCEPTED INTO THE OCCUPATIONAL THERAPY ASSISTANT PROGRAM. PLEASE SEE AN SCC COUNSELOR.**

### AA/AS Requirements

Associate Degrees require the following:

1. Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed within the Los Rios Community College District.
2. Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.

CAT.	COURSE	TITLE	UNIT	GE AREA
<b>PreReq</b>	EDUC 300	Human Development: A Life Span	3	Cal-GETC Area 4
<b>PreReq</b>	BIOL 430 <sup>+</sup>	Anatomy and Physiology	5	Cal-GETC Area 5B
<b>GE</b>	STAT C1000 <sup>*</sup> / C1000H	Introduction to Statistics	4	Cal-GETC Area 2

**+Prerequisite for BIOL 430:** Completion of CHEM 305, 309 or 400 with a grade of "C" or better

<sup>\*</sup>If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

## Summer Term

6 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
<b>GE</b>		Oral Communication	3	Cal-GETC Area 1C
<b>PreReq</b>	ETHNS 300	Introduction to Ethnic Studies	3	Cal-GETC Area 6

# Second Year

## Semester 3 (Fall)

17 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
<b>PreReq</b>	BIOL 431 <sup>+</sup>	Anatomy and Physiology	5	
<b>GE</b>		Arts	3	Cal-GETC Area 3A
<b>GE</b>		Critical Thinking & Composition	3	Cal-GETC Area 1B
<b>PreReq</b>	PSYC C1000 / 480 <sup>H</sup>	General Principles	3	Cal-GETC Area 4
<b>GE</b>		Humanities	3	Cal-GETC Area 3B

**+Prerequisite for BIOL 431:** Completion of CHEM 305, 309 or 400 and BIOL 430 with grades of "C" or better

<sup>+</sup>BIOL 431 is only required for students who chose to complete BIOL 430 in a previous semester. Students who completed BIOL 100 in a previous semester do not need to take this course.

## Semester 4 (Spring)

10 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
<b>Maj</b>	OTA 123	Fundamentals of Clinical Documentation	1.5	
<b>Maj</b>	OTA 131 <sup>^</sup>	Occupational Therapy Theory and Process in Psychosocial Dysfunction	5	
<b>Maj</b>	OTA 132 <sup>^</sup> / 122 <sup>+</sup>	Major Elective	1	
<b>Maj</b>	OTA 150	Occupational Therapy Process and Practice in Developmental Disabilities and Pediatric Conditions	2.5	

3. Completion of the California General Education Transfer Curriculum (Cal-GETC). Areas 1 through 6 must be completed with a grade of "C" or better.

Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.

*Exception: Students who possess a bachelor's (BA/BS) or higher degree from a college or university accredited through a regional accrediting agency recognized by the Council for Higher Education Accreditation (CHEA) are deemed to have satisfied both the general education and graduation competency requirements for an AA/AS degree. Degrees from accredited institutions outside of the US will be evaluated on a case-by-case basis.*

## Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

## Department Note

Students are eligible to apply for the OTA program after completing all prerequisite and general education courses (after Semester 3). There may be a waiting period between applying for the program and enrolling in Semester 4.

## Important Links

[SCC General Counseling](#)  
[Occupational Therapy Assisting](#)  
[Health & Health Profession Meta Majors](#)

**^Corequisite for OTA 131:** OTA 132

**^Corequisite for OTA 132:** OTA 131

**+Prerequisite for OTA 122:** AH 106 with a grade of "C" or better

## Summer Term

**4.5 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 110 <sup>+</sup> ^	Functional Biomechanics for the OTA	3	
Maj	OTA 111 <sup>+</sup> ^	Functional Biomechanics Lab for the OTA	1	
Maj	OTA 152 <sup>+</sup>	Introduction to Clinical Practice in Pediatric Conditions	0.5	

**+Prerequisite for OTA 110 and OTA 111:** OTA 150 and 152 with grades of "C" or better

**^Corequisite for OTA 110:** OTA 111

**^Corequisite for OTA 111:** OTA 110

**+Prerequisite for OTA 152:** OTA 150 with a grade of "C" or better

## Third Year

### Semester 5 (Fall)

**8 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 140 <sup>+</sup> ^	Theoretical Foundations of Physical Dysfunction	3	
Maj	OTA 141 <sup>+</sup>	Occupational Therapy Process in Physical Dysfunction	4	
Maj	OTA 142 <sup>+</sup> / 122 <sup>+</sup>	Major Elective	1	

**+Prerequisite for OTA 140, OTA 141 and OTA 142:** OTA 110 and 111 with grades of "C" or better

**^Corequisite for OTA 140:** OTA 141 and 142

**^Corequisite for OTA 141:** OTA 140 and 142

**^Corequisite for OTA 142:** OTA 140 and 141

**+Prerequisite for OTA 122:** AH 106 with a grade of "C" or better

### Semester 6 (Spring)

**9 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 120 <sup>+</sup>	Fundamentals of Occupational Therapy Assistant Practice	2.5	
Maj	OTA 160 <sup>+</sup> ^	Fieldwork Level II First Rotation for the Occupational Therapy Assistant	6	
Maj	OTA 162 <sup>^</sup>	Practice Skills for First Rotation OTA Level II Fieldwork	0.5	

**+Prerequisite for OTA 120:** OTA 123 and LIBR 307 with grades of "C" or better

**+Prerequisite for OTA 160:** OTA 131 and 132 with grades of "C" or better

**^Corequisite for OTA 160:** OTA 162

**^Corequisite for OTA 162:** OTA 160

## Summer Term

**1 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 121 <sup>+</sup>	Contemporary Models of Practice in Occupational Therapy	1	

**+Prerequisite for OTA 121:** OTA 120 with a grade of "C" or better

## Fourth Year

### Semester 7 (Fall)

**6.5 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	OTA 161 <sup>+</sup> <sup>^</sup>	Fieldwork Level II Second Rotation for the Occupational Therapy Assistant	6	
Maj	OTA 163 <sup>^</sup>	Practice Skills for Second Rotation OTA Level II Fieldwork	0.5	

**+Prerequisite for OTA 161:** OTA 121, 141, and 142 with grades of "C" or better

**^Corequisite for OTA 161:** OTA 163

**^Corequisite for OTA 163:** OTA 161