

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

16-15 Units

| COURSE | UNITS | PRE-REQS [^] | SEMESTERS OFFERED* | GE AREA |
|---|-------|-----------------------|--------------------|---------|
| DANCE 309 Introduction to Dance | 2 | | F, S | |
| DANCE 310 Jazz Dance I | 1 | | F, S | L7A |
| DANCE 320 Ballet I | 1 | | F, S | |
| ENGL C1000 College Composition | 3 | | F, S | L1A |
| Degree Applicable Elective | 3-2 | | F, S | |
| INDIS 313 Freshman Seminar | 3 | | F, S | L7B |
| DANCE 380 World Dance History | 3 | | F, S | L3 |

Semester 2

12.5-16 Units

| COURSE | UNITS | PRE-REQS [^] | SEMESTERS OFFERED* | GE AREA |
|---|-------|-----------------------|--------------------|---------|
| DANCE 330 Modern Dance I | 1 | | F, S | |
| DANCE 382 Fitness Injury Prevention and Management | 2 | | F, S | |
| FITNS 392 Yoga | 1 | | F, S | |
| Dance Elective (See List below Semester 4)¹ | 1-3 | | F, S | |

Notes

ATTENTION: General Education requirements have changed for the 2025-2026 academic year. Please see

[GE guidance page](#) for more information on the different pathways. For the previous academic year see [General Education requirements](#).

- FLC 2025-2026 [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

| COURSE | UNITS | PRE-REQS^ | SEMESTERS OFFERED* | GE AREA |
|---|-------|-----------|--------------------|---------|
| Oral Communication and Critical Thinking | 3 | | F, S | L1B |
| MATH 300 Introduction to Mathematical Ideas or | 3 | | F, S | L2 |
| STAT C1000 Introduction to Probability and Statistics | 4 | | F, S | L2 |
| Degree Applicable Elective | 1.5-2 | | F, S | |

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

Second Year

Semester 3

14.5-14 Units

| COURSE | UNITS | PRE-REQS^ | SEMESTERS OFFERED* | GE AREA |
|---|-------|-----------|--------------------|---------|
| DANCE 377 Musical Theatre Dance I | 2 | | F, S | |
| DANCE 410 Dance Composition and Production I | 2 | | F, S | |
| FITNS 395 Stretch | 1 | | F, S | |
| DANCE 498 Work Experience in Dance | 0.5-4 | | F, S | |
| Natural Science | 3 | | F, S | L5 |
| Dance Elective (See List below Semester 4) | 3-1 | | F, S | |
| Degree Applicable Elective | 3-1 | | | |

Semester 4

17-15 Units

| COURSE | UNITS | PRE-REQS^ | SEMESTERS OFFERED* | GE AREA |
|--|-------|-----------|--------------------|---------|
| DANCE 381 Pedagogy: Theory and Practice | 2 | | F, S | |

| COURSE | UNITS | PRE-REQS^ | SEMESTERS OFFERED* | GE AREA |
|--|-------|-----------|--------------------|---------|
| DANCE 440 Performing and Touring Group: MOSAIC Dance Company I | 3 | | F, S | |
| Social/Behavioral Science | 3 | | F, S | L4 |
| Ethnic Studies | 3 | | F, S | L6 |
| Dance Elective (See List below) | 3-2 | | F, S | |
| Degree Applicable Elective | 3-2 | | F, S | |

Dance Elective List (*A minimum of 4 units from the following*):

- COMM C1004 Interpersonal Communication (3)
- DANCE 351 Urban Hip Hop I (1)
- DANCE 440 Performing and Touring Group: MOSAIC Dance Company I (3)
- DANCE 495 Independent Studies in Dance (1 - 3)
- DANCE 498 Work Experience in Dance (0.5 - 4)
- FITNS 392 Yoga (1)
- FITNS 395 Stretch (1)
- FITNS 414 Tai Chi (1)
- FITNS 324 Mat Pilates (1)
- INDIS 313 Freshman Seminar (3)
- KINES 300 Introduction to Kinesiology (3)
- MUFHL 300 Introduction to Music (3)
- MUFHL 330 World Music (3)
- TA 350 Theory and Techniques of Acting I (3)
- TAP 340 Musical Rehearsal and Performance I (1 - 3)
- DANCE 360 Tap Dance I (1)

Catalog Year: 2026-2027

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