

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION** General Education requirements changed beginning the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

First Year

Semester 1

14 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
CHEM 305 Introduction to Chemistry or	5	Elementary Algebra	F, S	L5
CHEM 400¹ General Chemistry I	5	See Note Below	F, S	
Non Science Elective*²	3		F, S	
ENGL C1000 College Composition	3		F, S	L1A
Living Skills: Life Development Skills	3		F, S	L7B

¹ Chem 400 Prerequisite: Successful completion of Intermediate Algebra/Algebra II/Integrated Math 3, or through the Los Rios Math Placement Process; AND completion of EITHER a college-level Chemistry course with a lab (such as CHEM 300, CHEM 305 or CHEM 339) OR a full year of high school chemistry with a lab with a grade of "C" or better

² See List under Semester 4

Semester 2

14-15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
Science Core Course*	5		F, S	
Non Science Elective*	3		F, S	

Notes:

ATTENTION: General Education requirements changed beginning the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways. For the previous academic year see [General Education requirements](#).

- FLC 2025-2026 [AA/AS](#) General Education requirements.
- A degree applicable elective is defined as any class with a course number between 100 and 499.
- Some English and math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education, CSU, UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

Zero Textbook Costs (ZTC):

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
STAT C1000 Introduction to Probability and Statistics or	4		F, S	L2
PSYC 330 Introductory Statistics for the Behavioral Sciences	3		F, S	L2
Arts and Humanities	3		F, S	L3

* See Lists under Semester 4

Second Year

Semester 3

18 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Science Core Course*	5		F, S	
Non Science Elective*	3		F, S	
Social/Behavioral Sciences	3		F, S	L4
Ethnic Studies	3		F, S	L6
Degree Applicable Elective	4		F, S	

* See Lists under Semester 4

Semester 4

14-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Oral Communication and Critical Thinking	3		F, S	L1B
Living Skills: Physical Education	1		F, S	L7A
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	3		F, S	
Degree Applicable Elective	4-3		F, S	

**This course has a prerequisite or corequisite course*

Science Required Core List:

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

BIOL 400*: Principles of Biology (5 units)
BIOL 430*: Anatomy and Physiology (5 units)
BIOL 431*: Anatomy and Physiology (5 units)
BIOL 440*: General Microbiology (4 units)
BIOL 442*: General Microbiology and Public Health (5 units)
CHEM 305*: Introduction to Chemistry (5 units)
CHEM 400*: General Chemistry I (5 units)
CHEM 401*: General Chemistry II (5 units)

Non Science Required Core List:

AH 311: Medical Language for Health-Care Providers (3 units)
ANTH 310: Cultural Anthropology (3 units)
or SOC 300: Introductory Sociology (3 units)
or SOC 321: Race, Ethnicity and Inequality in the United States (3 units)
COMM C1000: Introduction to Public Speaking (3 units)
or COMM 321: Interpersonal Communication (3 units)
or COMM 331: Group Discussion (3 units)
or COMM 361: The Communication Experience (3 units)
or COMM 311: Argumentation and Debate (3 units)
NUTRI 300: Nutrition (3 units)
PSYC C1000: General Principles (3 units)
PSYC 370: Human Development: A Life Span (3 units)
STAT C1000: Introduction to Probability and Statistics (4 units)
or PSYC 330*: Introductory Statistics for the Behavioral Sciences (3 units)