

This program roadmap represents one possible pathway to complete the program. *Please see a counselor* to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability. For counseling appointments call 916.608.6510. **ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

Total Units: 60

## First Year

### Semester 1

15 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>ENGL C1000</b> College Composition <b>or</b>	3		F, S	
<b>ENGL C1000H</b> Honors College Composition	3		F, S	
<b>PSYC C1000</b> General Principles	3		F, S	
<b>SWHS 300</b> Introduction to Social Work & Human Services	3		F, S	
<b>Lifelong Learning</b>	3		F, S	
<b>Arts</b>	3		F, S	

### Semester 2

15-16 Units

COURSE	UNITS	PRE-REQS <sup>^</sup>	SEMESTERS OFFERED*	GE AREA
<b>STAT C1000</b> Introduction to Probability and Statistics <b>or</b>	4		F, S	
<b>PSYC 330</b> Introductory Statistics for the Behavioral Sciences	3		F, S	
<b>SOC 300</b> <b>Introductory</b> <b>Sociology</b>	3		F, S	

## Notes

**ATTENTION:** General Education requirements have changed for the 2025-2026 academic year. Please see [GE guidance page](#) for more information on the different pathways.

- See [General Education requirements](#) for: CSU or UC for the previous 2024-25 academic year.
- See [ASSIST.ORG](#) for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.

Be sure to identify any pre-major course requirements at the school where you plan to transfer.

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>ENGL C1001</b> Advanced Composition and Critical Thinking <b>or</b>	3	ENGWR 300	F, S	
<b>ENGL C1001H</b> Honors Advanced Composition and Critical Thinking	3			
<b>Humanities</b>	3		F, S	
<b>Major Elective (See List Below)</b>	3		F, S	

\*pre-requisite no longer required for SWHS 366

## Second Year

### Semester 3

15-16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>BIOL 300</b> The Foundations of Biology <b>or</b>	3		F, S	
<b>BIOL C1000</b> Introduction to Biology with Lab <b>or</b>	4		F, S	
<b>BIOL 310</b> General Biology <b>or</b>	4		F, S	
<b>ANTH 300</b> Biological Anthropology	3			
<b>Oral Communication</b>	3		F, S	
<b>US History/American Ideals</b>	3		F, S	
<b>Ethnic Studies</b>	3		F, S	
<b>Arts or Humanities</b>	3		F, S	

### Semester 4

15-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>ECON C2002</b> Principles of Macroeconomics <b>or</b>	3		F, S	

See [Sac State BSW pre-major courses](#)

Note that pre-major courses at Sac State require a grade of "B" or higher.

[Directory](#) of accredited Bachelor in Social Work (BSW) programs

### Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
<b>ECON C2001</b> Principles of Microeconomics	3		F, S	
<b>Physical Science</b>	3		F, S	
<b>Science Lab*</b>	1		F, S	
<b>US History/ American Ideals</b>	3		F, S	
<b>Transferable Elective**</b>	2-0			
<b>SWHS 366</b> Practices in Human Services	3	SWHS 300	Spring Only	

\*Science lab not needed if Biol 307 or 310 are chosen from semester 3.

\*\* For transferable elective, US History/ American Ideals course is recommended.

Major Elective List: A minimum of 6 units from the following:

- ADMJ 300:Introduction to Administration of Justice (3 units)
- ADMJ 320:Concepts of Criminal Law (3 units)
- ANTH 310:Cultural Anthropology (3 units)
- COMM 325:Intercultural Communication (3 units)
- ECE 314:The Child, the Family and the Community (3 units)
- PSYC 340:Abnormal Behavior (3 units)
- PSYC 370:Human Development: A Life Span (3 units)
- ECE 312:Child Development (3 units)
- SOC 301:Social Problems (3 units)
- SOC 321:Race, Ethnicity and Inequality in the United States (3 units)

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