

First Year

Semester 1

15 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
SJS 300 Introduction to Social Justice Studies	3		F, S	
ENGL C1000 College Composition or ENGL C1000H Honors College Composition	3		F, S	1A
Arts	3		F, S	3A
SOC 321 Race, Ethnicity and Inequality in the United States	3		F, S	4
COMM C1000 Introduction to Public Speaking	3		F, S	1C

Semester 2

15-16 Units

COURSE	UNITS	PRE-REQS [^]	SEMESTERS OFFERED*	GE AREA
PSYC 330 Introductory Statistics for the Behavioral Sciences or STAT C1000 Introduction to Probability and Statistics	3		F, S	2
Humanities	3		F, S	3B
Biological Science	3		F, S	5B
SOC 341 Sex and Gender in the U.S.	3		F, S	

Notes:

- See General Education requirements for: CSU or UC
- See ASSIST.ORG for the transfer requirements for the institution to which you plan to transfer.
- A transferable elective is defined as any class with a course number between 300 and 499. Electives may vary for the CSU and UC systems.
- U.S. History/American Ideals is a graduation requirement for all CSUs.
- Foreign Language may be required for CSU Sacramento IF student did not complete 3 years in high school. This requirement may vary at different colleges.
- Some English and Math courses have support courses (co-requisites). See your assessment results for more details.
- Students may earn credit for College Entrance Board Advanced Placement (AP) tests with scores of 3, 4, or 5. AP scores can be used to meet Folsom Lake College associate degree general education , CSU,UC, and other 4 year University requirements --Check with your counselor to determine whether these test results will be accepted at the transfer institution of your choice.

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
POLS C1000 Introduction to Government: United States	3		F, S	4

Second Year

Semester 3

16 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Critical Thinking and Composition	3	Engl C1000 or C1000H	F, S	1B
Transferable Electives	3		F, S	
Major Elective (See List Below Semester 4)	3		F, S	
Physical Science	3		F, S	5A
Science Lab ¹	1		F, S	5C
Ethnic Studies	3		F, S	6

¹ Science Laboratory must correspond to either the Physical Sciences or Biological Science lecture course. Related lecture courses must be completed prior to or concurrently with lab courses.

Semester 4

14-13 Units

COURSE	UNITS	PRE-REQS^	SEMESTERS OFFERED*	GE AREA
Major Elective (See List Below)	3		F, S	
HIST 331 Women in American History	3		F, S	
Transferable Electives	3		F, S	
Transferable Electives	2-1		F, S	
Transferable Electives	3		F, S	

Major Elective List: A minimum of 6 units from the following:

Select 2 courses from at **least two** of the following areas:

Area 1 - History or Government:

Zero Textbook Costs (ZTC):

The Zero Textbook Costs designation and logo are added to any course that provides free access to all required instructional materials. These are typically shared with students through Canvas. Courses that are designated as ZTC may still require students to purchase supplemental materials such as lab coats, a calculator, art supplies, etc. See full definitions and searching tips on the [Zero Textbook Costs page](#) of the college website.

- HIST 331: Women in American History (3 units)
- HIST 344: Survey of California History: A Multicultural Perspective (3 units)

Area 2 - Arts and Humanities

- ARTH 312: Women in Art (3 units)
- ARTH 328: Survey of African Art (3 units)
- ARTH 330: Survey of African-American Art (3 units)
- ENGLT 330: African American Literature (3 units)
- ENGLT 360: Women in Literature (3 units)
- HUM 320: Asian Humanities (3 units)
- HUM 325: Arts and Humanities of the Islamic World (3 units)
- HUM 370: Women and the Creative Imagination (3 units)
- MUFHL 330: World Music (3 units)
- TA 304: Women in Theatre (3 units)

Area 3 - Social Science:

- COMM 325: Intercultural Communication (3 units)
- PSYC 356: Human Sexuality (3 units)
- PSYC 368: Cross Cultural Psychology (3 units)
- SOC 341: Sex and Gender in the U.S. (3 units)
- SOC 379: Making Social Change (3 units)
- SWHS 331: Cross Cultural Psychology (3 units)

Catalog Year: 2026-2027

Published April 12, 2026