



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2026-27

**GE Pattern:** local AA/AS

**Total Units:** 60

## First Year

### Semester 1

15 Units

| CAT. | COURSE   | UNIT   | PREREQUISITES | GE AREA |
|------|--|--------|---------------|---------|
| Req  | <b>SWCD 300</b><br>Introduction to Social Work   | 3      |               |         |
| Req  | <b>SWCD 310</b><br>Ethical Issues and Client's Rights  | 3      |               |         |
| Req  | <b>SWCD 340</b><br>Introduction to Chemical Dependency <b>or</b><br><b>PSYC 400</b><br>Introduction to Chemical Dependency | 3<br>3 |               | L7B     |
| RE   | <b>PSYC C1000</b><br>General Principles <b>or</b><br><b>PSYC C1000H<sup>H</sup></b><br>Honors General Principles           | 3<br>3 |               | L4      |
| GE   | <b>ENGL C1000</b><br>College Composition <b>or</b><br><b>ENGL C1000H<sup>H</sup></b><br>Honors College Composition         | 3<br>3 |               | L1A     |

### Semester 2

14 Units

| CAT. | COURSE   | UNIT   | PREREQUISITES           | GE AREA |
|------|--|--------|-------------------------|---------|
| Req  | <b>SWCD 341</b><br>Physiology and Pharmacology: Alcohol & Other Drugs <b>or</b><br><b>PSYC 401</b><br>Physiology and Pharmacology: Alcohol & Other Drugs | 3<br>3 | SWCD 340 or<br>PSYC 400 |         |
| Req  | <b>SWCD 360</b><br>Techniques of Interviewing and Counseling   | 3      | SWCD 300                |         |
| Req  | <b>HEED 310</b><br>Heartsaver First Aid, Adult and Pediatric CPR and AED   | 1      |                         |         |
| GE   | <b>PSYC 330</b><br>Introductory Statistics for the Behavioral Sciences   | 3      |                         | L2      |

## CAREER PATH

### Career Options:

Upon completion of this program, students possess the coursework required for initial certification as a California drug and alcohol counselor (CDAC).

### Advising Notes:

- SWCD 362 has SWCD 365 and 498 as corequisites.
  - SWCD 360 has SWCD 310 as a corequisite.
  - SWCD 310 has SWCD 300 as a corequisite.
  - This degree can be completed using either the local AA/AS general education (GE) pattern or the Cal-GETC transfer GE pattern. See a counselor to determine which pattern is best for you based on your academic goals.
  - Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
  - **Elective Courses:** any elective courses numbered 100-499, or having a 4-digit number starting with C.
- ### Scheduling Notes:
- The program is designed for students to take 2 units of SWCD 498 in one semester and 2 units in another semester, so all 12 counselor core functions

| CAT. | COURSE                                   | UNIT | PREREQUISITES | GE AREA |
|------|--|------|---------------|---------|
| GE   | any Area L5 (Natural Sciences) course    | 3    |               | L5      |
| GE   | any Area L7A (Physical Education) course | 1    |               | L7A     |

## Second Year

### Semester 3

15 Units

| CAT. | COURSE  | UNIT   | PREREQUISITES           | GE AREA |
|------|---|--------|-------------------------|---------|
| Req  | SWCD 330<br>Issues of Diverse Populations or<br>PSYC 365<br>Issues of Diverse Populations   | 3<br>3 |                         |         |
| Req  | SWCD 342<br>Alcoholism: Intervention,<br>Treatment & Recovery or<br>PSYC 402<br>Alcoholism: Intervention,<br>Treatment & Recovery | 3<br>3 | SWCD 341 or<br>PSYC 401 |         |
| Req  | SWCD 365<br>Techniques of Group<br>Counseling   | 3      | SWCD 360                |         |
| Req  | PSYC 340<br>Abnormal Behavior or<br>PSYC 481 <sup>H</sup><br>Honors Abnormal Behavior   | 3<br>3 |                         |         |
| GE   | any Area LIB (Oral<br>Communication & Critical<br>Thinking) course  | 3      |                         | LIB     |

### Semester 4

14 Units

| CAT. | COURSE   | UNIT | PREREQUISITES | GE AREA |
|------|--|------|---------------|---------|
| Req  | SWCD 362 <sup>1</sup><br>Practices in Social Work and<br>Chemical Dependency       | 3    |               |         |
| Req  | SWCD 498 <sup>1</sup><br>Work Experience in Social Work<br>and Chemical Dependency | 2    |               |         |
| GE   | any Area L3 (Arts & Humanities)<br>course  | 3    |               | L3      |
| GE   | any Area L6 (Ethnic Studies)<br>course   | 3    |               | L6      |
| Elec | any elective course  | 3    |               |         |

<sup>1</sup> Students must take SWCD 498 concurrently with SWCD 362 unless they are in the second semester of the Chemical Dependency internship.

are covered by the end of the second semester of SWCD 498.

### Other Notes:

- To enroll in SWCD 362, students must complete the ARC Human Services internship selection process, which includes an out-of-class orientation and application process.
- The second semester of internship (SWCD 498) involves approximately 24 hours of work experience plus three 50-minute sessions on campus.
- In addition to having valid First Aid and CPR certification during internship placement, students must also provide a TB clearance.
- There is a push in the industry toward requiring bachelor's degrees. Students interested in transferring to pursue a bachelor's degree are encouraged to discuss their options with a counselor.

# Third Year

## Semester 5

2 Units

| CAT. | COURSE   | UNIT | PREREQUISITES | GE AREA |
|------|--|------|---------------|---------|
| Req  | SWCD 498<br>Work Experience in Social Work and Chemical Dependency | 2    |               |         |

<sup>H</sup> honors courses

### EXPLANATION OF CATEGORIES

|      |                     |  |
|------|---------------------|--|
| Req  | Required Core       | A course that is required for this program   |
| RE   | Restricted Elective | A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list |
| GE   | General Education   | A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement                      |
| Elec | Degree Elective     | A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree             |