



This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2026-27

GE Pattern: local AA/AS

Total Units: 60

First Year

Semester 1 15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	RECR 300 Introduction to Recreation and Leisure Services	3		
GE	ENGL C1000 College Composition or	3		L1A
	ENGL C1000H^H Honors College Composition	3		
GE	MATH 300 Introduction to Mathematical Ideas	3		L2
GE	any Area L3 (Arts & Humanities) course	3		L3
Elec	any elective course	3		

Semester 2 15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	RECR 310 Outdoor Recreation	3		
Req	ECE 312 Child Development or	3		L4
	PSYC 372 Child Development	3		
RE	COMM C1000 Introduction to Public Speaking	3		LIB
Elec	any elective course	3		
Elec	any elective course	3		

Second Year

Semester 3 15 Units

CAREER PATH

Career Options:

Careers in recreation include jobs in recreational therapy, as well as in park facilities and services in federal, state, municipal, and voluntary nonprofit agencies.

Travel and tourism, club management, resort recreation, food and beverage services, lodging, professional sports, entertainment, and cultural services are an integral part of the recreation and leisure services market.

Advising Notes:

- This degree can be completed using either the local AA/AS general education (GE) pattern or the Cal-GETC transfer GE pattern. See a counselor to determine which pattern is best for you based on your academic goals.
- Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
- **Elective Courses:** any elective courses numbered 100-499, or having a 4-digit number starting with C.

Other Notes:

- An internship (RECR 498) is required as it opens up potential employment opportunities. Students can earn at least 2 units for related

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	RECR 320 Recreation Activity Leadership	3		
Req	GERON 305 Introduction to Geropsychology and the Aging Brain or PSYC 375 Introduction to Geropsychology and the Aging Brain	3 3		
GE	any Area L5 (Natural Sciences) course	3		L5
Elec	any elective course	3		
Elec	any elective course	3		

Semester 4

15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	RECR 498 Work Experience in Recreation	2		L7B
GE	any Area L6 (Ethnic Studies) course	3		L6
GE	any Area L7A (Physical Education) course	1		L7A
Elec	any elective course	3		
Elec	any elective course	3		
Elec	any elective course	3		

^H honors courses

paid or unpaid work experience including volunteer and internship positions through RECR 498. This course also works toward satisfying GE Area L7B. See the [Work Experience website](#) for more information.

- For students interested in transfer, the RECR courses in this degree fulfill CSU introductory requirements for the Recreation degree.

EXPLANATION OF CATEGORIES

Req	Required Core	A course that is required for this program
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list