Psychology AA-T Degree

FULL TIME

This program roadmap represents one possible pathway to complete the program. **Please see a counselor** to create an education plan that is customized to meet your needs. This roadmap is not a guarantee of course availability or financial aid applicability.

Catalog: 2026-27

GE Pattern: Cal-GETC

Total Units: 60

First Year

Semester 1

15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	PSYC C1000 General Principles **or** PSYC C1000H[H] Honors General Principles	3 3		4
RE	PSYC 330 Introductory Statistics for the Behavioral Sciences	3		2
GE	ENGL C1000 College Composition **or** ENGL C1000H[H] Honors College Composition	3 3		1A
GE	any Area 3A (Arts) course	3		3A
Elec	any transferable elective course	3		

Semester 2

15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	PSYC 335 Research Methods in Psychology	3	(see below)	
RE	PSYC 356[1] Human Sexuality	3		
GE	any Area 1B (Critical Thinking and Composition) course	3		1B
GE	any Area 3B (Humanities) course	3		3B
Elec	any transferable elective course	3		

PSYC 335 prerequisite: PSYC C1000, and PSYC 330 or STAT C1000

Second Year

Semester 3

15 Units

TRANSFER PATH

Potential Transfer Majors:

- Psychology B.A.

Potential Career/Options After Completing a Bachelor's Degree:

The American Psychological Association website includes a long list of potential careers after completing a Bachelor's degree.

Advising Notes:

- This map is designed for students who are able to take 12 units or more each semester, which is considered a full-time load. It shows one possible way to finish the program in two years. See a counselor to adjust the coursework to meet your specific needs.
- Students can substitute ESLW 340 for ENGL C1000/C1000H (formerly known as ENGWR 300/480).
- **Transferable Elective Courses:** any elective courses numbered 300-499, or having a 4-digit number starting with C.
- Students working on this major are placed directly into PSYC 330, which requires prerequisite knowledge of intermediate algebra.

Other Notes to Students Preparing to Transfer:

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
Req	PSYC 310 Biological Psychology	3	PSYC C1000/C1000H	5B
GE	PSYC 311[2] Biological Psychology Laboratory	1		5C
GE	any Area 1C (Oral Communication) course	3		1C
GE	any Area 6 (Ethnic Studies) course	3		6
Elec	any transferable elective course	3		
Elec	any transferable elective course	2		

[2]The Area 5C (Science Lab) course must correspond with either the Area 5A (Physical Sciences) or Area 5B (Biological Sciences) course and must be taken concurrently or after the lecture course.

Semester 4

15 Units

CAT.	COURSE	UNIT	PREREQUISITES	GE AREA
RE	PSYC 370[1] Human Development: A Life Span	3		
GE	any Area 4 (Social & Behavioral Sciences) course in a discipline other than PSYC	3		4
GE	any Area 5A (Physical Sciences) course	3		5A
Elec	any transferable elective course	3		
Elec	any transferable elective course	3		

[1] There are a number elective options available and students are encouraged to substitute elective courses where applicable. Options include PSYC 305, 320, 340, 342, 354, 356, 359, 361, 365, 370, 372, 373, 390, and 481.

EXPLANATION OF CATEGORIES		
Req	Required Core	A course that is required for this program
RE	Restricted Elective	A course selected from a list of elective courses specified for this program in the course list in the catalog, which can be replaced with another course from the same list
GE	General Education	A course that fulfills a specific general education requirement for a degree, which can be replaced with another course that meets the same requirement
Elec	Degree Elective	A degree-applicable course that is part of a degree roadmap to ensure that there is a total of at least 60 units, which is a requirement for an associate degree

- Students who meet the eligibility criteria for ARC Psi Beta (Psychology Honors Club) are encouraged to join in their second semester.
- See ASSIST.ORG for the transfer requirements of the institution to which you plan to transfer.
- The CSU system requires every student receiving a bachelor's degree to be knowledgeable about the Constitution of the United States, American history, and state and local government. This requirement is generally known as the American Institutions requirement. Students can complete this requirement at ARC before transferring. See a counselor for a list of approved courses.

Honors Courses (H):

Students with a cumulative GPA of 3.2 or better who complete 15 or more units of Honors coursework earn an Honors Transfer Certificate and can take advantage of honors-to-honors transfer agreements with highly selective colleges and universities, both public and private.

Published July 16, 2026