Nutrition and Dietetics AS-T Degree

Associate Degree for Transfer (ADT) - A Degree with a guarantee: This program map represents one possible path for completing this program. **Please see a counselor** to create an education plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2026-27

GE Pattern: Cal-GETC

Total Units: 60-61

First Year

Semester 1

15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
ME	NUTRI 300 / 480 H	Nutrition	3	
Maj	CHEM 400 +	General Chemistry I	5	Cal-GETC Area 5A/Cal-GETC Area 5C
ME	STAT C1000 * / C1000H	Introduction to Probability and Statistics	4	Cal-GETC Area 2
Elec	INDIS 313 ** / HCD 310	Elective	3	

+Prerequisite for CHEM 400: CHEM 300 with a grade of "C" or better completed within one year prior to enrollment in CHEM 400 or placement through the assessment process (ACS California Chemistry Diagnostic Exam) completed within one year prior to enrollment in CHEM 400 AND Intermediate Algebra or equivalent (Integrated Math 3) with a grade of "C-" or better

*If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

**First-time college students who would like to participate in First-Year Experience (FYE) should take INDIS 313. All other students can take HCD 310 or speak with a counselor regarding their choices.

Semester 2

14-15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
ME	PSYC C1000	Introduction to Psychology	3	Cal-GETC Area 4
Maj	CHEM 401 +	General Chemistry II	5	

Legend

- **(H)** - Honors
- **Elec** - Elective
- **GE** - General Education
- **Maj** - Required Core
- **ME** - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

PLEASE SEE AN SCC COUNSELOR.

ADT Requirements

Transfer degrees require the following:

1. **Complete all required courses for a major with a grade of "C" or better.**
2. **Complete 60 CSU-transferable units. A**

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE	ENGL C1000* / 488H+ / ESLW 340+	Academic Reading & Writing	3-4	Cal-GETC Area 1A
GE		Arts	3	Cal-GETC Area 3A

+Prerequisite for CHEM 401: CHEM 400 with a grade of "C" or better

*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGL 80/ENGL C1000 combo course.

+Prerequisite for ENGL 488: ESL 325 with a grade of "C" or better, or placement through the assessment process

+Prerequisite for ESLW 340: ESL 325 with a grade of "C" or better; or, for students not previously enrolled in ESL writing courses within the Los Rios district, placement through the Los Rios assessment process

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
ME		*Major Elective	3	
GE		Critical Thinking & Composition	3	Cal-GETC Area 1B
GE		Humanities	3	Cal-GETC Area 3B
GE		Oral Communication	3	Cal-GETC Area 1C
Elec		**Elective	3	

*Major Elective - A minimum of 3 units from the following: NUTRI 310, NUTRI 330, NUTRI 333, NUTRI 335, NUTRI 336+, SOC 300

+Enrollment Limitation for NUTRI 336: Must be at least 21 years of age

Electives may include any courses numbered 300-499. **Meet with a counselor to discuss potential elective course options.

Semester 4

16 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
Maj	BIOL 440+	General Microbiology	4	Cal-GETC Area 5B

minimum of 12 units must be completed within the Los Rios Community College District.

3. **Completion of the Californi a General Education Transf er Curriculum (Cal-GETC). Areas 1 through 6 completed with a grade of "C" or better.**

Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

Counselor Notes

- All AA-Ts and AS-Ts are designed to transfer to CSUs in most majors. ***Students who wish to transfer to a UC are strongly encouraged to meet with a counselor to determine additional major requirements.***
- Math – you may have other options for transfer level math; check with your counselor.

Important Link

SCC General Counseling
Nutrition
Health & Health Professions Meta Majors

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE		Ethnic Studies	3	Cal-GETC Area 6
GE		*Social & Behavioral Sciences	3	Cal-GETC Area 4
Elec		**Elective	3	
Elec		**Elective	3	

+Prerequisite for BIOL 440: CHEM 305, CHEM 309 or CHEM 400 with a grade of "C" or better

*This course must be a Cal-GETC Area 4 course from a discipline other than PSYC.

Electives may include any courses numbered 300-499. **Meet with a counselor to discuss potential elective course options.

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