Psychology AA-T Degree

Associate Degree for Transfer (ADT) - A Degree with a guarantee: This program map represents one possible path for completing this program. **Please see a counselor** to create an education plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2026-27

GE Pattern: Cal-GETC

Total Units: 60-62

First Year

Semester 1

15-16 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE	ENGL C1000* / 488H+ / ESLW 340+	Academic Reading and Writing	3-4	Cal-GETC Area 1A
GE		Oral Communication	3	Cal-GETC Area 1C
GE		Arts	3	Cal-GETC Area 3A
Maj	PSYC C1000	Introduction to Psychology	3	Cal-GETC Area 4
Elec	INDIS 313** / HCD 310	Elective	3	

*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGL 80/ENGL C1000 combo course.

+Prerequisite for ENGL 488: ESL 325 with a grade of "C" or better, or placement through the assessment process

+Prerequisite for ESLW 340: ESL 325 with a grade of "C" or better; or, for students not previously enrolled in ESL writing courses within the Los Rios district, placement through the Los Rios assessment process

**First-time college students who would like to participate in First-Year Experience (FYE) should take INDIS 313. All other students can take HCD 310 or speak with a counselor regarding their choices.

Semester 2

15-16 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE		Critical Thinking and Composition	3	Cal-GETC Area 1B
ME	PSYC 330* / STAT C1000 / C1000H	Introductory Statistics for the Behavioral Sciences	3-4	Cal-GETC Area 2
GE		Humanities	3	Cal-GETC Area 3B

Legend

- **(H)** - Honors
- **Elec** - Elective
- **GE** - General Education
- **Maj** - Required Core
- **ME** - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

PLEASE SEE AN SCC COUNSELOR.

ADT Requirements

Transfer degrees require the following:

1. **Complete all required courses for a major with a grade of "C" or better.**
2. **Complete 60 CSU-transferable units. A minimum of 12 units must be completed within the**

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE		**Social and Behavioral Sciences	3	Cal-GETC Area 4
ME	PSYC 316 / 320 / 370 / EDUC 300	***Major Elective	3	

*If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/PSYC 330 or STAT 10/STAT C1000 combo course. **STAT 10/PSYC 330 combo course is only offered during the Spring term. PSYC 330 is the recommended Statistics course for students transferring to CSU Sacramento (see additional information under the Department Faculty Note).**

**This course must be a Cal-GETC Area 4 course from a discipline other than PSYC.

***Major Elective: PSYC 370 is the recommended course for students transferring to CSU Sacramento (see additional information under the Department Faculty Note).**

Second Year

Semester 3

15 Units

CAT.	COURSE	TITLE	UNIT	CAL-GETC
Maj	PSYC 310 +	Biological Psychology	3	Cal-GETC Area 5B
GE		Ethnic Studies	3	Cal-GETC Area 6
Maj	PSYC 335 +	Research Methods in Psychology	3	
Elec		*Elective	3	
Elec		*Elective	3	

+Prerequisite for PSYC 310: PSYC C1000 with grade of "C" or better

+Prerequisite for PSYC 335: PSYC C1000, and either PSYC 330 or STAT C1000, or STAT C1000H with grades of "C" or better

*Electives may include any courses numbered 300-499. **Meet with a counselor to discuss potential elective course options.**

Semester 4

15 Units

Los Rios Community College District.

3. **Completion of the California General Education Transfer Curriculum (Cal-GETC). Areas 1 through 6 completed with a grade of "C" or better.**

Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

Counselor Notes

- All AA-Ts and AS-Ts are designed to transfer to CSUs in most majors. ***Students who wish to transfer to a UC are strongly encouraged to meet with a counselor to determine additional major requirements.***
- Math – you may have other options for transfer level math; check with your counselor.
- ***Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their counselor to learn more about how test scores may be used for credit.***

Department Faculty Note

Faculty strongly recommend that students transferring to CSU Sacramento take PSYC 330 instead of STAT C1000 for their Statistics requirement. All Psychology majors who have a STAT C1000 placement on eServices are eligible to take PSYC 330 instead of STAT C1000. Faculty also suggest that students

CAT.	COURSE	TITLE	UNIT	CAL-GETC
GE		Physical Science	3	Cal-GETC Area 5A
GE		*Associate Lab Component	1	Cal-GETC Area 5C
ME		**Major Elective	3	
Elec		***Elective	3	
Elec		***Elective	3	
Elec		***Elective	2	

*Cal-GETC AREA 5C will not be required if a laboratory activity is included in 5A or 5B.

**Major Elective - A minimum of 3 units from the following: PSYC 314, PSYC 315, PSYC 320, PSYC 340+, PSYC 356, PSYC 358, PSYC 360, PSYC 364, PSYC 367, PSYC 374/GERON 302, PSYC 390, PSYC 405/ADMJ 303. Students can also select one of the following courses if not already used: PSYC 316, PSYC 320, PSYC 370 or EDUC 300

+Prerequisite for PSYC 340: PSYC C1000 with grade of "C" or better

***Electives may include any courses numbered 300-499. **Meet with a counselor to discuss potential elective course options.**

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transferring to CSU Sacramento take PSYC 370 as a major elective. Students transferring to other universities should consult with a counselor to determine which Statistics and major elective courses to take.

Important Links

- Counseling Department
- Psychology Department
- People and Society Meta Majors