Physical Therapist Assistant A.S. Degree - Local GE

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

Catalog: 2026-27

Total Units: 80.5-81.5

First Year

Semester 1

12.5-13.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
PreReq	ENGL C1000* / 488H+ / ESLW 340+	Academic Reading and Writing	3-4	SCC Local Area L1A
PreReq	PTA 100	Introduction to Physical Therapist Assistant	1.5	
PreReq	CHEM 305+ / 309+ / 400+	Chemistry	5	SCC Local Area L5
GE		Ethnic Studies	3	SCC Local Area L6

*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGL 80/ENGL C1000 combo course.

+Prerequisite for ENGL 488: ESL 325 with a grade of "C" or better, or placement through the assessment process

+Prerequisite for ESLW 340: ESL 325 with a grade of "C" or better; or, for students not previously enrolled in ESL writing courses within the Los Rios district, placement through the Los Rios assessment process

+Prerequisite for CHEM 305 & 309: Elementary Algebra or equivalent (Integrated Math 1) with a grade of "C-" or better.

+Prerequisite for CHEM 400: CHEM 300 with a grade of "C" or better completed within one year prior to enrollment in CHEM 400 or placement through the assessment process (ACS California Chemistry Diagnostic Exam) completed within one year prior to enrollment in CHEM 400 **AND** Intermediate Algebra or equivalent (Integrated Math 3) with a grade of "C-" or better

Semester 2

14 Units

Legend

- **(H)** - Honors
- **Elec** - Elective
- **GE** - General Education
- **Maj** - Required Core
- **ME** - Major Elective

Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

- **THIS MAP IS CREATED BASED ON CATALOG REQUIREMENTS AND PROGRAM ELIGIBILITY. MANY OF THE REQUIREMENTS TO ENTER THE PHYSICAL THERAPIST ASSISTANT PROGRAM HAVE PREREQUISITES AND MAY TAKE LONGER TO COMPLETE THAN THE SEQUENCE OF THIS MAP. *STUDENTS USING FINANCIAL AID MUST CLAIM PRE-HEALTH OCCUPATIONS***

CAT.	COURSE	TITLE	UNIT	GE AREA
ME	PSYC 370 / EDUC 300	Human Development: A Life Span	3	SCC Local Area L4
PreReq	BIOL 430 +	Anatomy and Physiology	5	
ME	NUTRI 300 / 480 H / HEED 300	Nutrition	3	
ME	SOC 300 / ANTH 310 / 481 H	Introduction to Sociology	3	

+Prerequisite for BIOL 430: CHEM 305, 309, or 400 with a grade of "C" or better

Second Year

Semester 3

12 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
GE		Oral Communication & Critical Thinking	3	SCC Local Area L1B
PreReq	BIOL 431 +	Anatomy and Physiology	5	
GE	STAT C1000 * / C1000H	Introduction to Probability and Statistics	4	SCC Local Area L2

+Prerequisite for BIOL 431: BIOL 430 with a grade of "C" or better

*If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

Semester 4 (Fall)

9 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	AH 100	Professional Ethics of Health Team Members	1	
Maj	PTA 110 +	Kinesiology for PTA Students	3	
Maj	PTA 111 ^	Kinesiology Laboratory for PTA Students	2	
GE		Arts and Humanities	3	SCC Local Area L3

AS THEIR MAJOR UNTIL ACCEPTED INTO THE PHYSICAL THERAPY ASSISTANT PROGRAM. **PLEASE SEE AN SCC COUNSELOR.**

AA/AS Requirements

Associate Degrees require the following:

1. **Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed within the Los Rios Community College District.**
2. **Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.**
3. **Completion of Sacramento City College's local AA/AS degree general education requirements – Area L1A and L1B; Area L2; Area L3; Area L4; Area L5; and Area L6 – with an overall 2.0 GPA.**

Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.

Exception: Students who possess a bachelor's (BA/BS) or higher degree from a college or university accredited through a regional accrediting agency recognized by the Council for Higher Education Accreditation

+Enrollment Limitation for PTA 110: Completion of PTA 100, BIOL 430 & 431, and ENGL C1000 (or ESLW 340) with grades of "C" or better, and a cumulative GPA of 3.0 in these courses, submission of application to the PTA program, and acceptance and enrollment into cohort of the Physical Therapist Assistant Program.

^Corequisite for PTA 111: PTA 110

Semester 5 (Spring)

8.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	AH 106	Communication for Allied Health Careers	2	
Maj	PTA 120+	Beginning Procedures - Physical Therapy Modalities and Procedures	3.5	
Maj	PTA 121+	Disorders I - Selected Disorders Commonly Seen in Physical Therapy	3	

+Prerequisite for PTA 120 & PTA 121: PTA 110 & PTA 111 with grades of "C" or better

Summer Term

4 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 130+	Intermediate Procedures, Physical Therapy Modalities and Procedures	1	
Maj	PTA 122+	Introduction to Clinical Practice	3	

+Prerequisite for PTA 130: PTA 120 & PTA 121 with grades of "C" or better

+Prerequisite for PTA 122: PTA 120, PTA 121 & PTA 130 with grades of "C" or better

Third Year

Semester 6 (Fall)

9.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 140+	Therapeutic Exercise - Exercise Programs, Protocols and Procedures	3	
Maj	PTA 141+	Disorders II - Nervous System Disorders	2	
Maj	PTA 142+	Clinical Practicum I	4.5	

(CHEA) are deemed to have satisfied the general education requirements for an AA/AS degree. Degrees from accredited institutions outside of the US will be evaluated on a case-by-case basis.

Placement Information

Check your eServices account under "Academic Records" to determine your Math and English placements.

Important Links

SCC General Counseling
Physical Therapist Assistant
Health & Health Profession Meta Majors

+Prerequisite for PTA 140 & PTA 141: PTA 122 & PTA 130 with grades of "C" or better

+Prerequisite for PTA 142: AH 100, AH 106, PTA 140 & PTA 141 with grades of "C" or better

Semester 7 (Spring)

11 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 150 +	Functional Activities & Gait - Activities of Daily Living and Gait Training Techniques	3	
Maj	PTA 151 +	Advanced Procedures-Advanced Modalities and Treatment Procedures	1	
Maj	PTA 152 +	Clinical Practicum II	6	
Maj	PTA 153 +	Professional Issues in Physical Therapy	1	

+Prerequisite for PTA 150, PTA 151 & PTA 153: PTA 140, PTA 141 & PTA 142 with grades of "C" or better

+Prerequisite for PTA 152: PTA 150, PTA 151 & PTA 153 with grades of "C" or better

Published September 14, 2026