



# Physical Therapist Assistant A.S. Degree - Cal-GETC GE

This program map represents one possible path for completing this program. **Please see a counselor** to create an educational plan that is customized to meet your needs. This path is not a guarantee of course availability or financial aid applicability.

**Catalog:** 2026-27

**Total Units:** 86.5-87.5

## First Year

### Semester 1

15.5-16.5 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
GE	CHEM 305 <sup>+</sup>	Introduction to Chemistry	5	Cal-GETC Area 5A/Cal-GETC Area 5B
PreReq	ENGL C1000 <sup>*</sup> / 488 <sup>H</sup> / ESLW 340	Academic Reading and Writing	3-4	Cal-GETC Area 1A
PreReq	PTA 100	Introduction to Physical Therapist Assistant	1.5	
ME	NUTRI 300 / 480 <sup>H</sup> / HEED 300	Nutrition	3	
GE		Ethnic Studies	3	Cal-GETC Area 6

**+Prerequisite for CHEM 305:** Elementary Algebra or equivalent (Integrated Math 1) with a grade of "C-" or better

\*If you don't place directly in ENGL C1000 (check your eServices account), you will need to take ENGL 80/ENGL C1000 combo course.

### Semester 2

14 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
ME	PSYC 370 / EDUC 300	Human Development: A Life Span	3	Cal-GETC Area 4
GE		Critical Thinking & Composition	3	Cal-GETC Area 1B
PreReq	BIOL 430 <sup>+</sup>	Anatomy and Physiology	5	Cal-GETC Area 5B
GE		Humanities	3	Cal-GETC Area 3B

## Legend

- (H) - Honors
- Elec - Elective
- GE - General Education
- Maj - Required Core
- ME - Major Elective

## Disclaimer

Every effort has been made to ensure that what is listed in the SCC Program Paths are accurate. The courses, the course sequencing, and the programs are subject to change without notice by the administration of the Los Rios Community College District and Sacramento City College at the discretion of the district and Sacramento City College. Further, Sacramento City College reserves the right to amend any course or program.

- **THIS MAP IS CREATED BASED ON CATALOG REQUIREMENTS AND PROGRAM ELIGIBILITY. MANY OF THE REQUIREMENTS TO ENTER THE PHYSICAL THERAPIST ASSISTANT PROGRAM HAVE PREREQUISITES AND MAY TAKE LONGER TO COMPLETE THAN THE SEQUENCE OF THIS MAP. STUDENTS USING FINANCIAL AID MUST CLAIM PRE-HEALTH OCCUPATIONS**

**+Prerequisite for BIOL 430:** CHEM 305, 309, or 400 with a grade of "C" or better

## Second Year

### Semester 3

12 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
ME	SOC 300 / ANTH 310 / 481	Introductory Sociology	3	Cal-GETC Area 4
PreReq	BIOL 431 <sup>+</sup>	Anatomy and Physiology	5	
GE	STAT C1000* / C1000H	Introduction to Probability and Statistics	4	Cal-GETC Area 2

**+Prerequisite for BIOL 431:** BIOL 430 with a grade of "C" or better

\*If you don't place directly in STAT C1000 (check your eServices account), you will need to take STAT 10/STAT C1000 combo course.

### Semester 4 (Fall)

9 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	AH 100	Professional Ethics of Health Team Members	1	
Maj	PTA 110 <sup>+</sup>	Kinesiology for PTA Students	3	
Maj	PTA 111 <sup>^</sup>	Kinesiology Laboratory for PTA Students	2	
GE		Oral Communication	3	Cal-GETC Area 1C

**+Prerequisite for PTA 110:** Completion of PTA 100, BIOL 430 & 431, and ENGL C1000 (or ESLW 340) with grades of "C" or better, and a cumulative GPA of 3.0 in these courses, submission of application to the PTA program, and acceptance and enrollment into cohort of the Physical Therapist Assistant Program.

**^Corequisite for PTA 111:** PTA 110

**AS THEIR MAJOR UNTIL ACCEPTED INTO THE PHYSICAL THERAPY ASSISTANT PROGRAM. PLEASE SEE AN SCC COUNSELOR.**

### AA/AS Requirements

Associate Degrees require the following:

1. **Completion of a minimum of 60 degree-applicable units with an overall grade point average (GPA) of 2.0 ("C" average). A minimum of 12 units must be completed within the Los Rios Community College District.**
2. **Completion of each required course with a grade of "C" or better for a major offered at Sacramento City College.**
3. **Completion of the California a General Education Transfer Curriculum (Cal-GETC). Areas 1 through 6 must be completed with a grade of "C" or better.**

**Students with Advanced Placement (AP) and International Baccalaureate Credit (IB) test scores should notify their Counselor to learn more about how test scores may be used for credit.**

### Placement Information

**Check your eServices account under "Academic Records" to determine your Math and English placements.**

### Important Links

## Third Year

### Semester 5 (Spring)

11.5 Units

SCC General Counseling  
Physical Therapist Assistant  
Health & Health Profession Meta  
Majors

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	AH 106	Communication for Allied Health Careers	2	
Maj	PTA 120 <sup>+</sup>	Beginning Procedures - Physical Therapy Modalities and Procedures	3.5	
Maj	PTA 121 <sup>+</sup>	Disorders I - Selected Disorders Commonly Seen in Physical Therapy	3	
GE		Arts	3	Cal-GETC Area 3A

**+Prerequisite for PTA 120 & PTA 121:** PTA 110 & PTA 111 with grades of "C" or better

## Summer Term

**4 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 130 <sup>+</sup>	Intermediate Procedures, Physical Therapy Modalities and Procedures	1	
Maj	PTA 122 <sup>+</sup>	Introduction to Clinical Practice	3	

**+Prerequisite for PTA 130:** PTA 120 & PTA 121 with grades of "C" or better

**+Prerequisite for PTA 122:** PTA 120, PTA 121 & PTA 130 with grades of "C" or better

## Semester 6 (Fall)

**9.5 Units**

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 140 <sup>+</sup>	Therapeutic Exercise - Exercise Programs, Protocols and Procedures	3	
Maj	PTA 141 <sup>+</sup>	Disorders II - Nervous System Disorders	2	
Maj	PTA 142 <sup>+</sup>	Clinical Practicum I	4.5	

**+Prerequisite for PTA 140 & PTA 141:** PTA 122 & PTA 130 with grades of "C" or better

**+Prerequisite for PTA 142:** AH 100, AH 106, PTA 140 & PTA 141 with grades of "C" or better

# Fourth Year

## Semester 6 (Spring)

11 Units

CAT.	COURSE	TITLE	UNIT	GE AREA
Maj	PTA 150 <sup>+</sup>	Functional Activities & Gait - Activities of Daily Living and Gait Training Techniques	3	
Maj	PTA 151 <sup>+</sup>	Advanced Procedures-Advanced Modalities and Treatment Procedures	1	
Maj	PTA 152 <sup>+</sup>	Clinical Practicum II	6	
Maj	PTA 153 <sup>+</sup>	Professional Issues in Physical Therapy	1	

**+Prerequisite for PTA 150, PTA 151 & PTA 153:** PTA 140, PTA 141 & PTA 142 with grades of "C" or better

**+Prerequisite for PTA 152:** PTA 150, PTA 151 & PTA 153 with grades of "C" or better